

## Bulletin Blodslitet 2012

### Map

Høydal, scale 1:7500/1:10 000/1:15 000, contour interval 5 m, last updated 2012.

### Terrain

The terrain is typical coastal terrain which is dominated by long gradual hills with open vegetation and areas of bare rocks. Denser vegetation occurs in the lower-lying areas, also with some felled areas. Well-developed path system. Blodslitet was held in the same terrain in 2003 and 2007, and also night NC in 2012.

### Map correction

It is a new path about 100m west of the hall. This is drawn with violet at the map.

### Marked route N Åpen

There is marked route (yellow) from the second last control towards the last control in N Åpen

### Crossing a main road

The runners in H21 must cross a main road. Be careful.

### Classes and Course Information

Classes	Start	Length (km)	Stip.time (min)	Scale	Startno
N Åpen	10.15	2,9	21	1:7500	2401-2550
H10	10.15	3,6	30	1:7500	3701-3800
H11-12	10.00	4,2	32	1:10000	3401-3500
H13-14	12.30	6,3	47	1:10000	751-900
H15-16	12.15	10,5	74	1:10000	1301-1500
H17-18	10.30	14,9	101	1:15000	201-400
H19-20	10.00	17,4	112	1:15000	501-600
H21-	10.45	24,7	152	1:15000	1-200
H35-	11.30	14,2	94	1:10000	2301-2400
H40-	11.30	14,2	95	1:10000	3501-3600
H45-	11.00	12,7	90	1:10000	2701-2800
H50-	11.30	12,7	96	1:10000	1801-1950
H55-	10.00	10,5	84	1:10000	1601-1700
H60-	10.15	10,5	91	1:10000	3301-3400
H65-	11.45	8,5	79	1:7500	1501-1600
H70-	11.45	6,3	76	1:7500	1751-1800
H75-	12.00	5,5	77	1:7500	3801-3850
H80-	12.00	4,2	63	1:7500	2551-2600
H Åpen	12.00	8,5	54	1:10000	2801-3100
D10	10.15	3,6	36	1:7500	3601-3700
D11-12	10.30	4,2	38	1:10000	901-1000
D13-14	12.45	6,3	57	1:10000	2001-2150

D15-16	12.45	8,5	70	1:10000	1001-1150
D17-18	11.15	11,8	98	1:15000	601-700
D19-20	10.45	13,2	105	1:15000	701-750
D21-	11.00	16,5	120	1:15000	401-500
D35-	11.30	10,5	84	1:10000	1201-1250
D40-	11.30	10,5	88	1:10000	1701-1750
D45-	10.45	8,5	72	1:10000	2601-2700
D50-	10.45	8,5	85	1:10000	2201-2300
D55-	11.15	6,3	68	1:7500	1151-1200
D60-	11.15	6,3	77	1:7500	1951-2000
D65-	11.00	5,5	77	1:7500	1251-1300
D70-	11.00	5,5	85	1:7500	2151-2180
D75-	11.00	4,2	85	1:7500	2181-2200
D Åpen	11.45	6,3	51	1:10000	3101-3300

Marked routes are included in the length.

### **Number bibs**

All runners are required to wear number bibs well visible. They will be available in the team bag.

### **Team bag**

Rented emit cards, backup labels, number bibs and maps for the runners in D/H10, D/H11-12 and N Åpen are in the team bag. Check that the correct emit card number is according to the start list. Errors should be reported to the event office (løpskontoret) before start.

Rented emit cards for runners in D/H21-, D/H17-18 and DH19-20, who are entered with display emit cards, are also in the team bag.

Rented emit cards should be returned by club to the event office. If failing to do so, or returning a damaged emit card, the club will be charged for the cost of a new one.

The maps for the D/H10, D/H11-12 and N Åpen are only copies. The runners will get a new map on the start line.

### **Runners in Norgescup-classes: EmiTag, gps and display cards**

All runners in D/H17-18, D/H19-20 and D/H21- must run with an EmiTag. The tag is available in the tent close to start.

Some selected runners will run with a gps. Gps-units will be available in the tent at the start.

Runners in Norgescup-classes must not use display cards. Rented emit cards are in the team bag.

### **GPS-tracking at large screen and internet:**

It is not allowed to get information about the map or courses by using electronically facilities during the competition. No maps are allowed at the arena. GPS-tracking will be shown at the large screen.

### **Start**

All runners must activate their emit cards before entering the start area. Runners failing to activate their emit card, will be disqualified.

There are mass start in all classes. Maps are marked with the number of the runner. The

runner is responsible for taking the right map. The marked route to the start point is compulsory to follow.

### **Splitting system**

There is no splitting system in N Åpen, D/H10, D/H11-12, D/H13-14, D65- older and H75- older.

D/H21-, D/H17-18 and D/H19-20 will first run 2 forked short loops, while H21- will run 3 forked short loops, with a map exchange after each loop. New maps are available at the map stand. Remember to take the right map according to your start bib. Map for the last loop in D/H17-18 and D/H19-20 are available from marked boxes at the end of the map stand.

«Butterflies systems» are used for splitting in other classes.

### **Refreshment**

Drink stations for D/H21-, D/H17-18 and D/H19-20 will be available on the arena (when changing maps), the control just south of the hall and in the forest.

For the other classes all of the drink stations are in the forest and not situated on controls. They are marked by a cup symbol on the map.

<b>Classes</b>	<b>Refreshment (after km)</b>
H75-, D65-, D70-	1,2
D13-14, H13-14	3,8
D15-16, D45-, D50-, H Åpen, H65-	3,5
H15-16, H55-, H60-, D35-, D40	5,0
D17-18	3,5-7,0-9,3
D19-20	3,5-7,0-10,6
H45-, H50-	7,2-9,8
H35-, H40-	6,7-10,7
D21-	3,5-7,0-9,1-11,0-13,6
H17-18	3,5-7,0-12,4
H19-20	3,8-7,6-9,8-11,6-14,3
H21-	3,8-7,6-11,5-13,5-15,5-19,2-22,1

### **Controls near the arena**

There will be 2 different last controls, so checking codes will be essential. There is one for D/H21-, D/H17-18 and D/H19-20 and another one for the other classes

### **Out of bounds**

Forbidden areas are marked on the maps using the out-of-bounds symbol. Running through forbidden areas will lead to disqualification.

### **GPS-watches**

It is forbidden to use gps-watches in D/H21- (acc. To IOF rules)

### **Finish**

All runners in the ordinary Blodslit must punch the emit unit after crossing the finish line. The runners in the Norgescup-classes have a separate finish and the time will be registered when passing the finish line.

### **Last finish/map change**

Finish will close at 15.30. Runners realizing they will not complete the race before this

time, are required to give up the race, get back to the arena and notify the finish. Runners that have not passed the last map change by 14.00 will be required to end the race.

Followers to runners in N Åpen must not pass the finish line.

### **Retired runners**

Retired runners must return the backup card in the event office.

### **Open class**

The D/H Åpen, D/H10 and D/H11-12 are open for entries until 1h before start.

### **Prizegiving ceremony**

A sprint prize «Sløyfeprisen» will be given to the one leading the race before entering the last long loop (last control at the last short loop).

Prizes must be collected at the arena.

### **Badges for completed Blodslitet**

Specially made pins are available for runners completing their 1.st, 5.th and the every 5.th time.

### **Children's park**

Children's park (with supervision) is available at the arena.

### **Jury**

Totte Smedlund, FSO

Kjersti Hov, Fossum

Terje Bråten, Raumar

### **TD**

Kjell Lunde