

Resultatliste Førde IL Nærløp Bekkjavatnet 15.08.2018

Strekktider

ALM

1	Andreas Haug, NOTEAM					37:29	+00:00							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	01:18-2	04:22-1	05:47-1	10:13-1	11:06-1	12:28-1	15:10-1	20:32-1	21:36-1	24:50-1	29:48-1	33:44-1	36:38-1	37:29-1
Strekktid	01:18	03:04-1	01:25-1	04:26-1	00:53-3	01:22-2	02:42-3	05:22-3	01:04-2	03:14-6	04:58-1	03:56-3	02:54-12	00:51-2
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00
2	Håvard Nummedal Os, Førde IL					37:48	+00:19							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	01:14-1	07:54-7	09:36-6	14:23-4	15:13-4	16:30-4	18:37-4	23:09-3	24:04-3	26:53-3	32:03-3	35:53-3	36:58-2	37:48-2
Strekktid	01:14	06:40-11	01:42-2	04:47-3	00:50-2	01:17-1	02:07-2	04:32-1	00:55-1	02:49-2	05:10-2	03:50-1	01:05-1	00:50-1
Tid etter	-00:04	+03:36@	+00:17#	+00:21	-00:03	-00:05	-00:35	-00:50	-00:09	-00:25	+00:12	-00:06	-01:49	-00:01
3	Kristian Bråten, Førde IL					37:50	+00:21							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	01:36-3	04:43-2	06:57-2	11:41-2	12:35-2	14:43-2	16:48-2	21:32-2	22:43-2	25:43-2	31:49-2	35:42-2	36:58-2	37:50-3
Strekktid	01:36	03:07-2	02:14-9	04:44-2	00:54-4	02:08-7	02:05-1	04:44-2	01:11-5	03:00-3	06:06-4	03:53-2	01:16-2	00:52-3
Tid etter	+00:18#	+00:03	+00:49&	+00:18	+00:01	+00:46&	-00:37	-00:38	+00:07#	-00:14	+01:08#	-00:03	-01:38	+00:01
4	Torbjørn Os, Førde IL					42:49	+05:20							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	01:47-4	05:32-3	07:26-3	12:19-3	13:38-3	15:11-3	17:54-3	24:13-4	25:20-4	28:32-4	34:04-4	39:02-4	41:27-4	42:49-4
Strekktid	01:47	03:45-3	01:54-4	04:53-4	01:19-9	01:33-4	02:43-4	06:19-5	01:07-4	03:12-5	05:32-3	04:58-5	02:25-10	01:22-8
Tid etter	+00:29&	+00:41#	+00:29&	+00:27#	+00:26&	+00:11#	+00:01	+00:57#	+00:03	-00:02	+00:34#	+01:02&	-00:29	+00:31&
5	Peter Gogstad, NOTEAM					48:45	+11:16							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	06:14-11	10:37-10	12:41-10	18:14-7	19:22-7	20:47-7	23:45-7	31:13-6	32:17-6	35:50-6	42:26-5	46:27-5	47:44-5	48:45-5
Strekktid	06:14	04:23-5	02:04-5	05:33-5	01:08-6	01:25-3	02:58-5	07:28-8	01:04-2	03:33-7	06:36-5	04:01-4	01:17-3	01:01-4
Tid etter	+04:56@	+01:19&	+00:39&	+01:07&	+00:15&	+00:03	+00:16	+02:06&	+00:00	+00:19	+01:38&	+00:05	-01:37	+00:10#

6	Torodd Os, Førde IL					53:27	+15:58							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	02:10-5	06:46-5	08:50-4	15:01-5	16:20-5	18:41-5	21:46-5	28:59-5	30:34-5	34:44-5	42:54-6	49:37-6	52:07-6	53:27-6
Strekktid	02:10	04:36-6	02:04-5	06:11-6	01:19-9	02:21-8	03:05-6	07:13-7	01:35-9	04:10-8	08:10-9	06:43-9	02:30-11	01:20-7
Tid etter	+00:52&	+01:32&	+00:39&	+01:45&	+00:26&	+00:59&	+00:23#	+01:51&	+00:31&	+00:56&	+03:12&	+02:47&	-00:24	+00:29&
7	Norvald Ospehaug, IL Tambarskjelvar					56:23	+18:54							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	02:14-7	06:36-4	09:15-5	15:33-6	17:46-6	19:50-6	23:16-6	31:49-7	33:26-7	38:12-7	45:40-7	52:24-7	54:30-7	56:23-7
Strekktid	02:14	04:22-4	02:39-12	06:18-7	02:13-12	02:04-6	03:26-8	08:33-9	01:37-10	04:46-11	07:28-7	06:44-10	02:06-8	01:53-12
Tid etter	+00:56&	+01:18&	+01:14&	+01:52&	+01:20@	+00:42&	+00:44&	+03:11&	+00:33&	+01:32&	+02:30&	+02:48&	-00:48	+01:02@
8	Andre Haugsbø, Gaular IL					1:01:39	+24:10							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	02:43-10	07:38-6	09:47-7	18:58-8	19:41-8	23:35-9	27:19-8	40:44-10	42:23-10	44:56-10	52:46-8	58:38-8	60:29-8	61:39-8
Strekktid	02:43	04:55-7	02:09-7	09:11-11	00:43-1	03:54-10	03:44-9	13:25-11	01:39-11	02:33-1	07:50-8	05:52-6	01:51-7	01:10-5
Tid etter	+01:25@	+01:51&	+00:44&	+04:45@	-00:10	+02:32@	+01:02&	+08:03@	+00:35&	-00:41	+02:52&	+01:56&	-01:03	+00:19&
9	Marius Dalin, Førde IL					1:02:47	+25:18							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	02:13-6	15:33-12	17:19-12	24:57-12	26:12-12	28:14-10	31:23-10	38:34-9	39:46-9	43:57-9	52:59-9	59:44-10	61:13-9	62:47-9
Strekktid	02:13	13:20-12	01:46-3	07:38-9	01:15-7	02:02-5	03:09-7	07:11-6	01:12-7	04:11-9	09:02-11	06:45-11	01:29-5	01:34-9
Tid etter	+00:55&	+10:16@	+00:21#	+03:12&	+00:22&	+00:40&	+00:27#	+01:49&	+00:08#	+00:57&	+04:04&	+02:49&	-01:25	+00:43&
10	Åsmund Berthelsen, Tambarskjelvar IL					1:03:11	+25:42							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	02:34-9	08:10-9	10:30-9	19:14-9	21:08-9	23:34-8	27:44-9	37:02-8	38:41-8	43:36-8	52:59-9	59:22-9	61:32-10	63:11-10
Strekktid	02:34	05:36-9	02:20-10	08:44-10	01:54-11	02:26-9	04:10-10	09:18-10	01:39-11	04:55-12	09:23-12	06:23-7	02:10-9	01:39-10
Tid etter	+01:16&	+02:32&	+00:55&	+04:18&	+01:01@	+01:04&	+01:28&	+03:56&	+00:35&	+01:41&	+04:25&	+02:27&	-00:44	+00:48&
11	Anders Fagerstrøm Slåtten, Sunnfjordfjell					1:08:22	+30:53							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	06:48-12	11:43-11	14:05-11	21:38-11	22:32-11	29:05-12	40:28-11	46:04-11	47:29-11	50:36-11	59:10-11	65:46-11	67:08-11	68:22-11
Strekktid	06:48	04:55-7	02:22-11	07:33-8	00:54-4	06:33-11	11:23-11	05:36-4	01:25-8	03:07-4	08:34-10	06:36-8	01:22-4	01:14-6
Tid etter	+05:30@	+01:51&	+00:57&	+03:07&	+00:01	+05:11@	+08:41@	+00:14	+00:21&	-00:07	+03:36&	+02:40&	-01:32	+00:23&

12	Martin Hegrenes, NOTEAM										1:30:40	+53:11		
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	02:24-8	08:03-8	10:16-8	20:33-10	21:49-10	28:52-11	40:37-12	57:25-12	58:36-12	63:09-12	70:11-12	87:10-12	88:55-12	90:40-12
Strekktid	02:24	05:39-10	02:13-8	10:17-12	01:16-8	07:03-12	11:45-12	16:48-12	01:11-5	04:33-10	07:02-6	16:59-12	01:45-6	01:45-11
Tid etter	+01:06&	+02:35&	+00:48&	+05:51@	+00:23&	+05:41@	+09:03@	+11:26@	+00:07#	+01:19&	+02:04&	+13:03@	-01:09	+00:54@
DSQ	Tor Christopher Fink, Førde IL													
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	03:00-0	09:26-0	12:05-0	17:50-0	19:29-0	21:36-0	25:32-0	33:12-0	34:26-0	00:00-0	45:07-0	51:02-0	54:10-0	56:02-0
Strekktid	03:00	06:26-0	02:39-12	05:45-0	01:39-0	02:07-0	03:56-0	07:40-0	01:14-0	-	-	05:55-0	03:08-0	01:52-0
Tid etter	+01:42@	+03:22@	+01:14&	+01:19&	+00:46&	+00:45&	+01:14&	+02:18&	+00:10#	-	-	+01:59&	+00:14	+01:01@
DSQ	Arthur Hegrenes, Førde IL													
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	02:30-0	00:00-0	24:05-0	34:50-0	36:23-0	45:28-0	49:03-0	57:51-0	59:53-0	64:47-0	73:02-0	88:14-0	90:29-0	92:13-0
Strekktid	02:30	-	-	10:45-0	01:33-0	09:05-0	03:35-0	08:48-0	02:02-0	04:54-0	08:15-0	15:12-0	02:15-0	01:44-0
Tid etter	+01:12&	-	-	+06:19@	+00:40&	+07:43@	+00:53&	+03:26&	+00:58&	+01:40&	+03:17&	+11:16@	-00:39	+00:53@

AKK

1	Anja Hole, Førde IL										38:34	+00:00
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	02:19-1	06:24-1	08:53-1	12:24-1	19:33-1	20:57-1	22:39-1	30:26-1	35:23-1	37:32-1	38:34-1	
Strekktid	02:19	04:05-1	02:29-1	03:31-1	07:09-4	01:24-1	01:42-1	07:47-1	04:57-1	02:09-1	01:02-1	
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	
2	Julie Daling, NOTEAM										56:25	+17:51
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	03:14-2	19:12-4	22:02-4	26:25-2	31:05-2	33:06-2	36:30-2	45:46-2	52:31-2	54:46-2	56:25-2	
Strekktid	03:14	15:58-4	02:50-2	04:23-2	04:40-1	02:01-2	03:24-2	09:16-2	06:45-2	02:15-2	01:39-2	
Tid etter	+00:55&	+11:53@	+00:21#	+00:52#	-02:29	+00:37&	+01:42&	+01:29#	+01:48&	+00:06	+00:37&	

3	Dorte Gytri, Førde IL					1:04:10	+25:36				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	04:32-4	15:35-3	18:47-2	27:21-3	33:06-3	35:16-3	38:49-3	48:12-3	56:31-3	62:14-3	64:10-3
Strekktid	04:32	11:03-2	03:12-3	08:34-3	05:45-2	02:10-3	03:33-3	09:23-3	08:19-3	05:43-3	01:56-3
Tid etter	+02:13&	+06:58@	+00:43&	+05:03@	-01:24	+00:46&	+01:51@	+01:36#	+03:22&	+03:34@	+00:54&

4	Anita E. Hole, Førde IL					1:24:32	+45:58				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	03:48-3	14:56-2	18:58-3	32:34-4	39:29-4	46:09-4	53:04-4	63:32-4	73:57-4	82:14-4	84:32-4
Strekktid	03:48	11:08-3	04:02-4	13:36-4	06:55-3	06:40-4	06:55-4	10:28-4	10:25-4	08:17-4	02:18-4
Tid etter	+01:29&	+07:03@	+01:33&	+10:05@	-00:14	+05:16@	+05:13@	+02:41&	+05:28@	+06:08@	+01:16@

AKM

1	Knut Even Hole, Førde IL					51:27	+00:00				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	02:42-1	11:44-1	15:01-1	20:17-1	25:31-1	27:27-1	30:11-1	38:34-1	46:31-1	49:08-1	51:27-1
Strekktid	02:42	09:02-2	03:17-2	05:16-3	05:14-1	01:56-3	02:44-2	08:23-2	07:57-1	02:37-3	02:19-2
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00
2	Egil Nestande, Førde IL					1:00:34	+09:07				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	03:15-2	19:49-4	22:36-3	27:02-3	32:26-2	34:12-2	36:37-2	45:06-2	55:57-2	58:15-2	60:34-2
Strekktid	03:15	16:34-4	02:47-1	04:26-1	05:24-2	01:46-1	02:25-1	08:29-3	10:51-4	02:18-1	02:19-2
Tid etter	+00:33#	+07:32&	-00:30	-00:50	+00:10	-00:10	-00:19	+00:06	+02:54&	-00:19	+00:00
3	Sveinung Fristad, Askvoll & Holmedal IL					1:11:42	+20:15				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	04:05-3	12:20-2	16:13-2	21:07-2	42:09-3	43:58-3	47:37-3	55:49-3	66:07-3	68:36-3	71:42-3
Strekktid	04:05	08:15-1	03:53-4	04:54-2	21:02-4	01:49-2	03:39-3	08:12-1	10:18-3	02:29-2	03:06-4
Tid etter	+01:23&	-00:47	+00:36#	-00:22	+15:48@	-00:07	+00:55&	-00:11	+02:21&	-00:08	+00:47&

4	Vegar Hole, Førde IL					1:23:39	+32:12					
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	07:31-4	19:43-3	23:26-4	37:16-4	44:09-4	50:04-4	57:56-4	68:10-4	77:50-4	81:30-4	83:39-4	
Strekktid	07:31	12:12-3	03:43-3	13:50-4	06:53-3	05:55-4	07:52-4	10:14-4	09:40-2	03:40-4	02:09-1	
Tid etter	+04:49@	+03:10&	+00:26#	+08:34@	+01:39&	+03:59@	+05:08@	+01:51#	+01:43#	+01:03&	-00:10	

CLM

1	Kenneth Husevåg-Lobben, Førde IL					27:20	+00:00					
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	02:33-3	04:44-3	07:23-1	09:25-1	13:02-1	15:11-1	17:37-1	21:16-1	23:30-1	25:39-1	27:20-1	
Strekktid	02:33	02:11-2	02:39-1	02:02-2	03:37-1	02:09-1	02:26-3	03:39-2	02:14-1	02:09-2	01:41-1	
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	
2	Anders Mallasvik Os, IL Tambarskjelvar					32:49	+05:29					
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	03:47-4	07:10-4	10:12-4	12:04-2	16:48-2	19:32-2	21:46-2	25:30-2	28:43-2	30:44-2	32:49-2	
Strekktid	03:47	03:23-4	03:02-2	01:52-1	04:44-2	02:44-2	02:14-2	03:44-3	03:13-3	02:01-1	02:05-4	
Tid etter	+01:14&	+01:12&	+00:23#	-00:10	+01:07&	+00:35&	-00:12	+00:05	+00:59&	-00:08	+00:24#	
3	Sigurd Husevåg-Lobben, Førde IL					33:50	+06:30					
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	02:31-2	04:31-2	09:48-3	13:22-4	18:23-4	21:21-3	22:57-3	26:34-3	29:14-3	31:59-3	33:50-3	
Strekktid	02:31	02:00-1	05:17-4	03:34-4	05:01-3	02:58-3	01:36-1	03:37-1	02:40-2	02:45-3	01:51-3	
Tid etter	-00:02	-00:11	+02:38&	+01:32&	+01:24&	+00:49&	-00:50	-00:02	+00:26#	+00:36&	+00:10	
4	Johan Husevåg-Lobben, Førde IL					38:25	+11:05					
Post	1	2	3	4	5	6	7	8	9	10	11	
Total tid	02:15-1	04:26-1	09:32-2	12:53-3	18:20-3	22:22-4	25:25-4	29:50-4	33:04-4	36:35-4	38:25-4	
Strekktid	02:15	02:11-2	05:06-3	03:21-3	05:27-4	04:02-4	03:03-4	04:25-4	03:14-4	03:31-4	01:50-2	
Tid etter	-00:18	+00:00	+02:27&	+01:19&	+01:50&	+01:53&	+00:37&	+00:46#	+01:00&	+01:22&	+00:09	

5	Jørgen Korsøen, NOTEAM					1:38:35	+1:11:15				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	05:48-5	13:45-5	28:36-5	35:37-5	55:18-5	71:16-6	78:38-5	87:21-5	92:13-5	96:04-5	98:35-5
Strekktid	05:48	07:57-6	14:51-5	07:01-6	19:41-5	15:58-6	07:22-5	08:43-5	04:52-5	03:51-6	02:31-6
Tid etter	+03:15@	+05:46@	+12:12@	+04:59@	+16:04@	+13:49@	+04:56@	+05:04@	+02:38@	+01:42&	+00:50&
6	Alfred Daling Kosøen, Førde IL					1:38:37	+1:11:17				
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	05:49-6	13:45-5	28:49-6	35:44-6	55:48-6	71:13-5	78:41-6	87:24-6	92:21-6	96:11-6	98:37-6
Strekktid	05:49	07:56-5	15:04-6	06:55-5	20:04-6	15:25-5	07:28-6	08:43-5	04:57-6	03:50-5	02:26-5
Tid etter	+03:16@	+05:45@	+12:25@	+04:53@	+16:27@	+13:16@	+05:02@	+05:04@	+02:43@	+01:41&	+00:45&

DSQ	Leifolav Hagen, Førde IL										
Post	1	2	3	4	5	6	7	8	9	10	11
Total tid	02:52-0	05:15-0	07:58-0	09:28-0	13:21-0	17:26-0	19:24-0	22:53-0	25:09-0	00:00-0	28:05-0
Strekktid	02:52	02:23-0	02:43-0	01:30-0	03:53-0	04:05-0	01:58-0	03:29-0	02:16-0	-	-
Tid etter	+00:19#	+00:12	+00:04	-00:32	+00:16	+01:56&	-00:28	-00:10	+00:02	-	-

15.08.18 21:04:48 eTiming versjon 4.0 [EQ Timing as](#)

Lisensen tilhører: Førde IL