

Resultatliste Førde IL Nærløp Masdal 07.06.2018

ALM

1	Torbjørn Os, Førde IL															44:19	+00:00	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:57-3	07:12-1	09:03-1	12:22-1	14:27-1	16:38-1	19:59-1	22:24-1	25:23-1	27:44-1	31:07-1	34:05-1	38:15-1	40:37-1	41:29-1	44:19-1		
Strekktid	03:57	03:15-1	01:51-1	03:19-1	02:05-1	02:11-4	03:21-1	02:25-4	02:59-3	02:21-1	03:23-1	02:58-3	04:10-5	02:22-4	00:52-2	02:50-3		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
2	Daniel Høyer Iversen, Førde IL															47:19	+03:00	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:43-2	07:15-2	09:47-2	13:16-2	15:56-2	18:06-2	22:12-2	24:13-2	27:04-2	29:28-2	34:23-2	36:55-2	40:43-2	43:25-2	44:15-2	47:19-2		
Strekktid	03:43	03:32-2	02:32-3	03:29-3	02:40-3	02:10-3	04:06-4	02:01-1	02:51-1	02:24-2	04:55-8	02:32-1	03:48-3	02:42-6	00:50-1	03:04-6		
Tid etter	-00:14	+00:17	+00:41&	+00:10	+00:35&	-00:01	+00:45#	-00:24	-00:08	+00:03	+01:32&	-00:26	-00:22	+00:20#	-00:02	+00:14		
3	Trygve Nummedal Os, Førde IL															48:58	+04:39	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	04:35-4	08:22-3	10:59-4	14:21-3	17:11-4	19:29-4	23:25-4	25:36-4	28:27-3	31:24-3	35:39-3	38:38-3	42:24-3	45:03-3	45:58-3	48:58-3		
Strekktid	04:35	03:47-3	02:37-5	03:22-2	02:50-4	02:18-5	03:56-3	02:11-3	02:51-1	02:57-5	04:15-4	02:59-4	03:46-2	02:39-5	00:55-3	03:00-5		
Tid etter	+00:38#	+00:32#	+00:46&	+00:03	+00:45&	+00:07	+00:35#	-00:14	-00:08	+00:36&	+00:52&	+00:01	-00:24	+00:17#	+00:03	+00:10		
4	Ola Hegrenes, Førde IL															51:15	+06:56	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	03:39-1	08:30-4	10:39-3	14:40-4	17:08-3	19:03-3	22:33-3	24:41-3	29:27-4	32:24-4	36:42-4	39:38-4	44:45-4	47:04-4	48:37-4	51:15-4		
Strekktid	03:39	04:51-7	02:09-2	04:01-4	02:28-2	01:55-1	03:30-2	02:08-2	04:46-6	02:57-5	04:18-5	02:56-2	05:07-8	02:19-3	01:33-9	02:38-2		
Tid etter	-00:18	+01:36&	+00:18#	+00:42#	+00:23#	-00:16	+00:09	-00:17	+01:47&	+00:36&	+00:55&	-00:02	+00:57#	-00:03	+00:41&	-00:12		
5	Norvald Ospehaug, IL Tambarskjelvar															56:57	+12:38	
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Total tid	05:01-5	09:12-5	11:48-5	16:09-5	19:13-5	21:44-5	26:09-5	29:16-5	33:05-5	36:25-5	41:01-5	45:05-5	49:14-5	51:59-5	53:19-5	56:57-5		
Strekktid	05:01	04:11-6	02:36-4	04:21-5	03:04-6	02:31-7	04:25-5	03:07-6	03:49-4	03:20-7	04:36-6	04:04-7	04:09-4	02:45-7	01:20-7	03:38-9		
Tid etter	+01:04&	+00:56&	+00:45&	+01:02&	+00:59&	+00:20#	+01:04&	+00:42&	+00:50&	+00:59&	+01:13&	+01:06&	-00:01	+00:23#	+00:28&	+00:48&		

6	Martin Hegrenes, NOTEAM															1:04:12	+19:53		
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16			
Total tid	05:53-7	10:02-6	14:16-6	19:13-6	22:05-6	24:31-6	28:56-6	31:51-6	36:50-6	39:31-6	43:29-6	53:08-6	56:49-6	59:35-6	60:36-6	64:12-6			
Strekktid	05:53	04:09-5	04:14-6	04:57-7	02:52-5	02:26-6	04:25-5	02:55-5	04:59-8	02:41-4	03:58-3	09:39-9	03:41-1	02:46-8	01:01-5	03:36-8			
Tid etter		+01:56&	+00:54&	+02:23@	+01:38&	+00:47&	+00:15#	+01:04&	+00:30#	+02:00&	+00:20#	+00:35#	+06:41@	-00:29	+00:24#	+00:09#	+00:46&		
7	Torodd Os, Førde IL															1:11:38	+27:19		
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16			
Total tid	05:23-6	18:44-8	23:21-7	28:35-7	32:01-7	34:38-7	39:30-7	42:39-7	46:43-7	50:26-7	55:16-7	59:13-7	63:38-7	66:49-7	68:10-7	71:38-7			
Strekktid	05:23	13:21-9	04:37-7	05:14-8	03:26-7	02:37-8	04:52-7	03:09-7	04:04-5	03:43-9	04:50-7	03:57-6	04:25-7	03:11-9	01:21-8	03:28-7			
Tid etter		+01:26&	+10:06@	+02:46@	+01:55&	+01:21&	+00:26#	+01:31&	+00:44&	+01:05&	+01:22&	+01:27&	+00:59&	+00:15	+00:49&	+00:29&	+00:38#		
8	Anders Fagerstrøm Slåtten, Sunnfjordfjell															1:32:41	+48:22		
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16			
Total tid	13:08-8	17:13-7	27:16-8	33:04-8	45:40-9	47:43-8	52:36-8	55:47-8	62:35-9	65:07-9	68:41-8	72:33-8	86:12-8	88:29-8	89:47-8	92:41-8			
Strekktid	13:08	04:05-4	10:03-9	05:48-9	12:36-9	02:03-2	04:53-8	03:11-8	06:48-9	02:32-3	03:34-2	03:52-5	13:39-9	02:17-2	01:18-6	02:54-4			
Tid etter		+09:11@	+00:50&	+08:12@	+02:29&	+10:31@	-00:08	+01:32&	+00:46&	+03:49@	+00:11	+00:11	+00:54&	+09:29@	-00:05	+00:26&	+00:04		
9	Vegar Hegrenes, Førde IL															1:35:20	+51:01		
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16			
Total tid	23:38-9	28:30-9	34:14-9	39:00-9	44:35-8	47:54-9	53:11-9	56:22-9	61:17-8	64:41-8	81:11-9	85:45-9	89:57-9	92:09-9	93:05-9	95:20-9			
Strekktid	23:38	04:52-8	05:44-8	04:46-6	05:35-8	03:19-9	05:17-9	03:11-8	04:55-7	03:24-8	16:30-9	04:34-8	04:12-6	02:12-1	00:56-4	02:15-1			
Tid etter		+19:41@	+01:37&	+03:53@	+01:27&	+03:30@	+01:08&	+01:56&	+00:46&	+01:56&	+01:03&	+13:07@	+01:36&	+00:02	-00:10	+00:04	-00:35		
DSQ	Arthur Hegrenes, NOTEAM																		
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16			
Total tid	00:00-0	00:00-0	48:15-0	52:23-0	55:40-0	58:50-0	63:40-0	66:43-0	70:36-0	75:19-0	93:02-0	97:07-0	101:48-0	107:26-0	108:35-0	00:00-0			
Strekktid	00:00	-	-	04:08-0	03:17-0	03:10-0	04:50-0	03:03-0	03:53-0	04:43-0	17:43-0	04:05-0	04:41-0	05:38-0	01:09-0	-			
Tid etter	-	-	-	+00:49#	+01:12&	+00:59&	+01:29&	+00:38&	+00:54&	+02:22@	+14:20@	+01:07&	+00:31#	+03:16@	+00:17&	-			

11.06.18 19:15:35 eTiming versjon 4.0 [EQ Timing as](#)

Lisensen tilhører: Førde IL

AKK

1	Anja Hole, Førde IL					34:44	+00:00			
Post	1	2	3	4	5	6	7	8	9	10
Total tid	02:17-1	05:12-1	07:05-1	13:03-1	16:27-1	21:00-1	25:25-1	30:31-1	33:56-1	34:44-1
Strekktid	02:17	02:55-1	01:53-1	05:58-2	03:24-1	04:33-2	04:25-1	05:06-1	03:25-1	00:48-2
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00

2	Julie Daling, NOTEAM					39:59	+05:15			
Post	1	2	3	4	5	6	7	8	9	10
Total tid	03:00-3	06:59-2	09:12-3	14:48-2	18:46-2	23:17-2	28:23-3	33:41-2	39:11-2	39:59-2
Strekktid	03:00	03:59-2	02:13-4	05:36-1	03:58-4	04:31-1	05:06-3	05:18-2	05:30-5	00:48-2
Tid etter	+00:43&	+01:04&	+00:20#	-00:22	+00:34#	-00:02	+00:41#	+00:12	+02:05&	+00:00

3	Gunhild Daling Korsøen, NOTEAM					40:00	+05:16			
Post	1	2	3	4	5	6	7	8	9	10
Total tid	02:52-2	07:04-3	09:06-2	15:20-3	18:52-3	23:26-3	28:22-2	33:48-3	39:20-3	40:00-3
Strekktid	02:52	04:12-3	02:02-2	06:14-3	03:32-3	04:34-3	04:56-2	05:26-3	05:32-6	00:40-1
Tid etter	+00:35&	+01:17&	+00:09	+00:16	+00:08	+00:01	+00:31#	+00:20	+02:07&	-00:08

4 Anita E. Hole, Førde IL 47:08 +12:24

Post	1	2	3	4	5	6	7	8	9	10
Total tid	05:47-6	11:16-4	13:19-4	19:36-4	23:02-4	28:23-4	35:09-4	41:38-4	45:38-4	47:08-4
Strekketid	05:47	05:29-4	02:03-3	06:17-4	03:26-2	05:21-4	06:46-5	06:29-4	04:00-2	01:30-5
Tid etter	+03:30@	+02:34&	+00:10	+00:19	+00:02	+00:48#	+02:21&	+01:23&	+00:35#	+00:42&

5 Brita Eilertsen Grønli, Førde IL 1:03:18 +28:34

Post	1	2	3	4	5	6	7	8	9	10
Total tid	03:54-4	12:45-5	17:20-6	26:43-6	32:43-6	40:39-5	48:01-5	56:36-5	61:46-5	63:18-5
Strekketid	03:54	08:51-5	04:35-6	09:23-6	06:00-5	07:56-5	07:22-6	08:35-6	05:10-4	01:32-6
Tid etter	+01:37&	+05:56@	+02:42@	+03:25&	+02:36&	+03:23&	+02:57&	+03:29&	+01:45&	+00:44&

6 Dorte Gytri, Førde IL 1:03:38 +28:54

Post	1	2	3	4	5	6	7	8	9	10
Total tid	04:10-5	13:04-6	15:52-5	23:06-5	32:29-5	43:57-6	49:53-6	57:33-6	62:10-6	63:38-6
Strekketid	04:10	08:54-6	02:48-5	07:14-5	09:23-6	11:28-6	05:56-4	07:40-5	04:37-3	01:28-4
Tid etter	+01:53&	+05:59@	+00:55&	+01:16#	+05:59@	+06:55@	+01:31&	+02:34&	+01:12&	+00:40&

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Lisensen tilhører: Førde IL

AKM

1	Sindre Hoff, Førde IL										31:53	+00:00
Post	1	2	3	4	5	6	7	8	9	10		
Total tid	02:06-1	06:12-1	07:39-1	11:55-1	14:52-1	22:42-1	25:43-1	29:04-1	31:07-1	31:53-1		
Strekktid	02:06	04:06-1	01:27-1	04:16-1	02:57-1	07:50-4	03:01-1	03:21-1	02:03-1	00:46-2		
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00		
2	Vegar Hole, Førde IL										40:31	+08:38
Post	1	2	3	4	5	6	7	8	9	10		
Total tid	03:23-4	08:11-3	10:23-3	15:50-2	19:11-2	24:50-2	29:54-2	35:57-2	39:49-2	40:31-2		
Strekktid	03:23	04:48-2	02:12-2	05:27-2	03:21-2	05:39-1	05:04-3	06:03-2	03:52-3	00:42-1		
Tid etter	+01:17&	+00:42#	+00:45&	+01:11&	+00:24#	-02:11	+02:03&	+02:42&	+01:49&	-00:04		
3	Egil Nestande, Førde IL										42:37	+10:44
Post	1	2	3	4	5	6	7	8	9	10		
Total tid	03:12-3	08:12-4	10:37-4	16:55-4	21:23-4	27:23-4	31:40-3	38:06-3	41:23-3	42:37-3		
Strekktid	03:12	05:00-4	02:25-4	06:18-3	04:28-4	06:00-3	04:17-2	06:26-3	03:17-2	01:14-3		
Tid etter	+01:06&	+00:54#	+00:58&	+02:02&	+01:31&	-01:50	+01:16&	+03:05&	+01:14&	+00:28&		

4	Knut Even Hole, Førde IL										44:15	+12:22
Post	1	2	3	4	5	6	7	8	9	10		
Total tid	02:52-2	07:40-2	10:00-2	16:26-3	20:00-3	25:42-3	32:21-4	38:55-4	42:59-4	44:15-4		
Strekktid	02:52	04:48-2	02:20-3	06:26-4	03:34-3	05:42-2	06:39-5	06:34-4	04:04-4	01:16-4		
Tid etter	+00:46&	+00:42#	+00:53&	+02:10&	+00:37#	-02:08	+03:38@	+03:13&	+02:01&	+00:30&		

5	Morten Andreassen, NOTEAM										1:03:28	+31:35
Post	1	2	3	4	5	6	7	8	9	10		
Total tid	04:07-5	13:01-5	15:44-5	24:45-5	32:27-5	43:39-5	49:51-5	57:33-5	62:01-5	63:28-5		
Strekktid	04:07	08:54-5	02:43-5	09:01-5	07:42-5	11:12-5	06:12-4	07:42-5	04:28-5	01:27-5		
Tid etter	+02:01&	+04:48@	+01:16&	+04:45@	+04:45@	+03:22&	+03:11@	+04:21@	+02:25@	+00:41&		

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Lisensen tilhører: Førde IL