

Resultatliste Førde IL Nærløp Soleide 09.05.2018

ALM

1	Torbjørn Os, Førde IL					47:34	+00:00															
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Total tid	02:27-3	03:30-2	05:09-2	08:19-2	09:51-2	11:40-2	13:32-2	15:41-2	17:54-2	20:10-1	21:34-1	23:52-1	26:53-1	28:42-1	29:49-1	33:18-1	36:23-1	39:48-1	41:39-1	43:24-1	45:54-1	47:34-1
Strekktid	02:27	01:03-2	01:39-3	03:10-2	01:32-2	01:49-2	01:52-1	02:09-2	02:13-4	02:16-4	01:24-2	02:18-5	03:01-1	01:49-4	01:07-1	03:29-3	03:05-1	03:25-1	01:51-1	01:45-8	02:30-1	01:40-8
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00
2	Eigil Instebo, Tambarskjelvar IL					57:51	+10:17															
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Total tid	01:57-1	02:50-1	04:22-1	07:13-1	08:35-1	10:13-1	12:23-1	14:30-1	16:05-1	27:49-3	29:25-3	31:30-2	35:04-2	36:25-2	37:51-2	41:11-2	44:24-2	49:39-2	51:49-2	53:27-2	56:29-2	57:51-2
Strekktid	01:57	00:53-1	01:32-2	02:51-1	01:22-1	01:38-1	02:10-3	02:07-1	01:35-1	11:44-10	01:36-6	02:05-3	03:34-3	01:21-1	01:26-3	03:20-1	03:13-3	05:15-8	02:10-3	01:38-6	03:02-5	01:22-3
Tid etter	-00:30	-00:10	-00:07	-00:19	-00:10	-00:11	+00:18#	-00:02	-00:38	+09:28@	+00:12#	-00:13	+00:33#	-00:28	+00:19&	-00:09	+00:08	+01:50&	+00:19#	-00:07	+00:32#	-00:18
3	Kristian Bråten, Førde IL					59:43	+12:09															
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Total tid	02:02-2	05:49-6	07:11-6	12:33-5	14:16-4	18:41-5	20:38-4	24:46-4	26:23-4	28:27-4	30:01-4	32:04-4	35:16-3	37:37-3	40:31-4	43:54-3	47:42-3	51:18-3	53:24-3	55:03-3	58:07-3	59:43-3
Strekktid	02:02	03:47-10	01:22-1	05:22-5	01:43-3	04:25-7	01:57-2	04:08-10	01:37-2	02:04-3	01:34-5	02:03-1	03:12-2	02:21-8	02:54-10	03:23-2	03:48-4	03:36-2	02:06-2	01:39-7	03:04-7	01:36-6
Tid etter	-00:25	+02:44@	-00:17	+02:12&	+00:11#	+02:36@	+00:05	+01:59&	-00:36	-00:12	+00:10#	-00:15	+00:11	+00:32&	+01:47@	-00:06	+00:43#	+00:11	+00:15#	-00:06	+00:34#	-00:04
4	Norvald Ospehaug, IL Tambarskjelvar					1:01:41	+14:07															
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Total tid	03:17-5	04:53-4	07:10-5	10:47-3	13:29-3	16:01-3	19:05-3	22:17-3	24:56-3	27:15-2	28:54-2	31:47-3	36:31-4	38:26-4	39:53-3	44:49-4	48:45-4	53:24-4	55:39-4	56:45-4	59:47-4	61:41-4
Strekktid	03:17	01:36-7	02:17-7	03:37-3	02:42-8	02:32-3	03:04-7	03:12-5	02:39-7	02:19-6	01:39-7	02:53-6	04:44-8	01:55-5	01:27-4	04:56-5	03:56-5	04:39-4	02:15-4	01:06-2	03:02-5	01:54-9
Tid etter	+00:50&	+00:33&	+00:38&	+00:27#	+01:10&	+00:43&	+01:12&	+01:03&	+00:26#	+00:03	+00:15#	+00:35&	+01:43&	+00:06	+00:20&	+01:27&	+00:51&	+01:14&	+00:24#	-00:39	+00:32#	+00:14#
5	Daniel Høyer Iversen, Førde IL					1:03:01	+15:27															
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Total tid	03:47-6	05:04-5	07:03-4	12:10-4	14:31-5	17:14-4	22:26-5	26:07-5	28:31-5	30:50-5	32:18-5	35:11-5	39:15-5	40:41-5	42:22-5	47:22-5	50:29-5	55:08-5	57:53-5	58:51-5	61:39-5	63:01-5
Strekktid	03:47	01:17-3	01:59-5	05:07-4	02:21-5	02:43-4	05:12-10	03:41-7	02:24-6	02:19-6	01:28-3	02:53-6	04:04-6	01:26-2	01:41-6	05:00-6	03:07-2	04:39-4	02:45-7	00:58-1	02:48-3	01:22-3
Tid etter	+01:20&	+00:14#	+00:20#	+01:57&	+00:49&	+00:54&	+03:20@	+01:32&	+00:11	+00:03	+00:04	+00:35&	+01:03&	-00:23	+00:34&	+01:31&	+00:02	+01:14&	+00:54&	-00:47	+00:18#	-00:18
6	Anders Fagerstrøm Slåtten, Sunnfjordfjell					1:14:19	+26:45															
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Total tid	06:05-8	07:24-8	09:36-7	24:48-10	27:10-10	34:16-10	36:38-10	38:56-10	41:01-10	42:55-10	44:25-9	46:29-9	50:20-9	51:56-8	53:11-7	57:26-7	61:27-6	66:26-6	69:07-6	70:20-6	73:04-6	74:19-6
Strekktid	06:05	01:19-4	02:12-6	15:12-10	02:22-6	07:06-10	02:22-4	02:18-3	02:05-3	01:54-1	01:30-4	02:04-2	03:51-4	01:36-3	01:15-2	04:15-4	04:01-6	04:59-7	02:41-6	01:13-3	02:44-2	01:15-2
Tid etter	+03:38@	+00:16&	+00:33&	+12:02@	+00:50&	+05:17@	+00:30&	+00:09	-00:08	-00:22	+00:06	-00:14	+00:50&	-00:13	+00:08#	+00:46#	+00:56&	+01:34&	+00:50&	-00:32	+00:14	-00:25
7	Torodd Os, Førde IL					1:20:26	+32:52															
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Total tid	03:03-4	04:29-3	06:53-3	16:24-7	19:07-7	22:33-6	27:12-6	31:11-6	34:13-6	36:30-6	38:27-6	41:28-6	45:40-6	47:40-6	49:21-6	54:23-6	00:00-0	67:52-7	70:24-7	75:50-7	78:47-7	80:26-7
Strekktid	03:03	01:26-6	02:24-8	09:31-7	02:43-9	03:26-5	04:39-9	03:59-8	03:02-9	02:17-5	01:57-8	03:01-8	04:12-7	02:00-6	01:41-6	05:02-7	-	-	02:32-5	05:26-10	02:57-4	01:39-7
Tid etter	+00:36#	+00:23&	+00:45&	+06:21@	+01:11&	+01:37&	+02:47@	+01:50&	+00:49&	+00:01	+00:33&	+00:43&	+01:11&	+00:11#	+00:34&	+01:33&	-	-	+00:41&	+03:41@	+00:27#	-00:01
8	Helge Schei, Førde IL					1:26:35	+39:01															
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Total tid	04:44-7	06:40-7	09:37-8	15:32-6	18:12-6	24:26-7	27:29-7	31:35-7	34:37-7	37:17-7	39:35-7	42:47-7	48:49-8	51:06-7	53:39-8	63:02-8	68:32-7	73:54-9	77:06-8	79:02-8	83:35-8	86:35-8
Strekktid	04:44	01:56-8	02:57-10	05:55-6	02:40-7	06:14-9	03:03-6	04:06-9	03:02-9	02:40-8	02:18-9	03:12-10	06:02-9	02:17-7	02:33-9	09:23-9	05:30-9	05:22-9	03:12-8	01:56-9	04:33-9	03:00-10
Tid etter	+02:17&	+00:53&	+01:18&	+02:45&	+01:08&	+04:25@	+01:11&	+01:57&	+00:49&	+00:24#	+00:54&	+00:54&	+03:01&	+00:28&	+01:26@	+05:54@	+02:25&	+01:57&	+01:21&	+00:11#	+02:03&	+01:20&
9	Johannes Møgster, NOTEAM					1:28:11	+40:37															
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Total tid	06:42-9	10:05-10	12:48-10	22:39-8	26:10-9	29:37-8	33:35-8	36:48-9	39:28-9	42:43-9	45:18-10	48:24-10	55:23-10	58:05-10	60:37-10	67:09-10	72:03-9	77:00-10	80:55-10	82:27-10	86:36-9	88:11-9
Strekktid	06:42	03:23-9	02:43-9	09:51-8	03:31-10	03:27-6	03:58-8	03:13-6	02:40-8	03:15-9	02:35-10	03:06-9	06:59-10	02:42-9	02:32-8	06:32-8	04:54-8	04:57-6	03:55-9	01:32-5	04:09-8	01:35-5
Tid etter	+04:15@	+02:20@	+01:04&	+06:41@	+01:59@	+01:38&	+02:06@	+01:04&	+00:27#	+00:59&	+01:11&	+00:48&	+03:58@	+00:53&	+01:25@	+03:03&	+01:49&	+01:32&	+02:04@	-00:13	+01:39&	-00:05
10	Trygve Nummedal Os, Førde IL					1:29:22	+41:48															
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Total tid	06:46-10	08:11-9	10:00-9	23:43-9	25:47-8	31:11-9	33:44-9	36:26-8	38:40-8	40:34-8	41:55-8	44:09-8	48:00-7	52:08-9	53:39-8	64:39-9	69:08-8	73:45-8	80:51-9	82:17-9	88:15-10	89:22-10
Strekktid	06:46	01:25-5	01:49-4	13:43-9	02:04-4	05:24-8	02:33-5	02:42-4	02:14-5	01:54-1	01:21-1	02:14-4	03:51-4	04:08-10	01:31-5	11:00-10	04:29-7	04:37-3	07:06-10	01:26-4	05:58-10	01:07-1
Tid etter	+04:19@	+00:22&	+00:10#	+10:33@	+00:32&	+03:35@	+00:41&	+00:33&	+00:01	-00:22	-00:03	-00:04	+00:50&	+02:19@	+00:24&	+07:31@	+01:24&	+01:12&	+05:15@	-00:19	+03:28@	-00:33