



INVITATION IN ENGLISH

Night Hawk 2018
@Konnerud, Drammen
11 – 12 August

NEWS:

Night Hawk Kids Sunday – individual mass start for kids 8 to 11 years old. 2 km

Night Hawk Singel – for individual runners on Saturday (night) and Sunday

Night Hawk Open – new class in the relay (free age, free mix C/B level)



Natthauken IL, Konnerud IL and IL Tyrving welcome you to the sixth edition of the Night Hawk relay. A special experience and a social and prestigious event!



The relay for everyone! Make Night Hawk the perfect start of the autumn season

- Unforgettable atmosphere
- Men, women, veterans, boys and girls
- **Night Hawk Open** new class in the relay (free age, free mix, C/B level)
- **Night Hawk Singel** for individual runners on Saturday and Sunday
- **Night Hawk Kids** Sunday – individual mass start for kids 8 to 11 years old.
- Runners bank and drop-in for single runners
- Runners can run a night leg and a day leg for the same team or different teams

- NightHawk Men: 8 legs, 4 night + 4 day
- NightHawk Women: 6 legs, 3 night + 3 day
- NightHawk Girls: 4 legs, 2 night + 2 day (M12-16, C/B-level)
- NightHawk Boys: 4 legs, 2 night + 2 day (W12-16, C/B-level)
- NightHawk Masters Men: 6 legs, 3 night + 3 day (M35+)
- NightHawk Masters Women: 4 legs, 2 night + 2 day (W35+)

NEWS

- Night Hawk Open: 4 legs, 2 night + 2 day (free age, free mix, C/B-level)
- NightHawk Singel Night, Saturday, 4 km individual, direct start
- NightHawk Singel Day, Sunday, 3 km individual, direct start
- NightHawk Kids Sunday, 8-11 years, 2 km mass start

Unforked and C level in Girls-, Boys- and Open-classes on the night legs

Arena

Konnerud
Ski stadium,
Drammen

51 km from Oslo
99 km from
Gardermoen

Signposted from
Statoil Konnerud

TRIMTEX
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EQTIMING

www.nighthawk.no

www.facebook.com/nighthawkrelay
Insta/Twitter: @nighthawkrelay / #nighthawkrelay



Programme

Saturday 11 August

- 18.00: Arena and event office open.
Changes to teams, drop in
19.30 – 21.30: Handing out GPS and emiTags
(bring your own emiTag or rent in eventor)
22.00: First night mass start

Sunday 12 August

- 08.00 – 10.00: Breakfast at the school Accomodation
09:00 Arena and event office open, team changes,
drop in
09.00 – 11.30: Handing out emiTag and GPS
10:30 Chasing start youth
12:00 Chasing start men, women and veterans
15:30 Price giving ceremony

More information will be given later

Terrain

The race area is referred to as hilly and is a neighborhood with lots of connected ski slopes near the arena. Nice forest with good accessibility characterizes the terrain, but it can also be high heather in late summer. Some new logging fields in the terrain.

Terrain embargoe

All maps associated with Konnerud ski stadium are embargoed.
We refer to the rules of competition on competition rules appearance, and especially 12.2.1. about a participant in the o-race.
Do not attempt to get acquainted with the race area reconnaissance before the competition.

Competition classes and legs

Night Hawk Women (W 17-)

- 6 legs: Night: 4,5 - 4,5 - 6,5 km, Day: 5 - 4* - 6 km
- All legs included 0,5 - 1 km marked trail
- * High speed, no forking

Night Hawk Men (M 17-)

- 8 legs: Night: 5,5 - 5,5 - 7 - 9 km, Day: 6 - 6 - 5* - 8 km
- All legs included 0,5 - 1 km marked trail
- * High speed, no forking

Night Hawk Masters Women Veteran (W 35-)

- 4 legs: Night: 3,5 - 4 km, Day: 3 - 5 km
- All legs included 0,5 - 1 km marked trail

Night Hawk Masters Men (M 35-)

- 6 legs: Night: 4,5 - 4,5 - 5,5 km, Day: 4 - 4 - 6 km
- All legs included 0,5 - 1 km marked trail

Night Hawk Girls (W 12-16)

- 4 legs: Night 3,5 - 3,5 km, Day: 3 - 3,5 km
- Night legs C-level without forking, possible to run together
- Day legs are forked and has B level
- All legs included 0,5 - 1 km marked trail

Night Hawk Boys (M 12-16)

- 4 legs: Night 3,5 - 3,5 km, Day: 3 - 3,5 km
- Night legs C-level without forking, possible to run together
- Day legs are forked and has B level
- All legs included 0,5 - 1 km marked trail

Night Hawk Open 2+2 (free age, free mix)

- 4 legs: Night 3,5 - 3,5 km, Day: 3,0 – 4,0 km
- Night legs C-level without forking, possible to run together
- Day legs are forked and has B level
- All legs included 0,5 - 1 km marked trail

Night Hawk Singel Night Saturday

- 4 km direct start
- Start from 22.00

Night Hawk Singel Day Sunday

- 3 km direct start
- Start from 11.00

Night Hawk Kids Sunday, 8-11 years

- 2 km mass start
- Prizes for all participants
- Parents may follow their children

Subject to up to 10% deviation on all specified run lengths.

We encourage creativity to put together teams. In all boys / men's classes can be girls / ladies in the current age class also run. Remember that the same runner can run both a night and a day-stage. There will be established a "Running bank" at www.nighthawk.no on Wednesday 8th of August

Punching system

Emit touch free system for all classes
You can bring your own EmiTag, or rent in Eventor.

Prize ceremonies

To be announced

Restaurant and kiosk

Hot and cold food and drinks
at the arena.



Accommodation school

There will be offered accommodation at Svensedammen school from Saturday to Sunday. You have to bring your own mattress and sleeping bag. Accommodation is included breakfast Sunday morning.

Booking in Eventor from 2.5.2018

All questions concerning accommodation should be directed to: toini.skyttersater@no.pwc.com

Accommodation Hotel

Night Hawk has a hotel deal with Choice Comfort Union Brygge Drammen. Prices per night prt:

Single room: 890,-,
Double room: 1050,-,
Trippelroom: 1250,-.

Booking on e-mail:
co.unionbrygge@choice.no or phone +47 32 21 70 00.
Booking code: NightHawk

We recommend to order hotel before 21th of July since the reserved rooms will be free after that time.

All questions concerning accommodation is to be answered by the hotel

Traffic and parking

Parking 200 m from event centre, NOK 50 pr day
Tickets can be bought in VippsGo #10711 and in the infotent. Everyone must show ticket at the exit

For travelers with plane you can use the airport train from Gardermoen. From Drammen station you can take the local bus to Konnerud.

Entries

Entries to be made in Eventor.

Foreign clubs should also make their entry in Eventor. Prices and entry is possible from 02.05.2018

Payment

All clubs make their payment in Eventor.

Those clubs who cant pay in Eventor will be given an invoice. It is a fee of 100 nok per invoice.

Information: Natthauken@gmail.com

Organisers

Natthauken IL, Konnerud IL and IL Tyrving

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Course planners: Jonas Juveli, Terje Pettersen and
Lars Baklid

Event advisers: Vidar Benjaminsen and
Nicholas Oskarsson

Webpage: www.nighthawk.no

Facebook: www.facebook.com/nighthawkrelay

Instagram/Twitter: @nighthawkrealy/ #nighthawkrelay



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