

Notodden Orienteering Night Cup 2017



As per tradition also this year there will be a night cup with 5 independent races regardless of weather and snow conditions. We offer two A-level courses of approximately 3 and 5 km and a C-level course of around 2 km. The course lengths may be adjusted due to snow and terrain conditions.

This year the Night Cup will take place on Wednesdays and Competition will every time be at Notodden Orienteerings club cabin close by Tinnemyra lake.

<u>Date:</u>		<u>Area: / Show up:</u>	<u>First start:</u>	<u>Organiser:</u>
Wednesday	18.10	Tinnemyra north / Club cabin	19.00	Petter Løe
Wednesday	25.10	Vesle Nybuåsen / Club cabin (masstart w/forking)	19.00	Hugo Christensen
Wednesday	01.11	Sætreåsen / Club cabin (masstart w/ pentagram forking)	18.00	Harald Kvisli
Wednesday	08.11	Høgås / Club cabin	18.00	Fam. Fossøy
Wednesday	15.11	Tinnemyra west / Club cabin (sprint)	18.00	Robert/Jon Are

- Race 2 and 3 has a masstart for the A-level courses at the time for the first start. Show up in time as the start may be some 100 meters away. They who either can't or don't want to start in the masstart may start individually when they want.
- Race 4 at Høgås there is car to start. Show up in time and agree with other runners for a lift to start.
- C-level course will have start and finish close by the club cabin every time.

We will make a "ranking" in all course, where 4 out of 5 races will count. The winner in each race will get 15 points, 2nd place get 13 points, 3rd place 11 points, 4th 10 points and so on down to 1 point.

Starting fee

20 NOK per person per race or 50 NOK per family per race.

Prices

Price to ranking winner in each course.

NOL's night-t-shirt to everyone participating in 3 or more races.

4 gift cards of 500 NOK will be drawn among the participants with 4 or 5 races.

Last race

As last year, we aim for a nice evening ending with serving waffles and coffee and a prizegiving ceremony.

At the competition center at the club cabin there is changing room with shower. Warm water for the fastest ones.

Welcome!

Contact person

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