



NM stafett Junior  
Orkanger  
24.09.2017  
Resultatliste



Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>D17-20</b>							
1	<b>Byåsen IL lag 1</b>			<b>1:32:56</b>			<b>201</b>
	1 Lene Berg Hanssen	29:29 7	01:10	29:29 7	01:10		
	2 Ragnhild Eide	28:51 2	00:23	58:20 2	01:24	5	
	3 Ingeborg Eide	34:36 2	00:05	1:32:56 1	00:00	1	
2	<b>Konnerud IL lag 1</b>			<b>1:34:33</b>	<b>01:37</b>		<b>215</b>
	1 Andrea Ranvik	28:28 2	00:09	28:28 2	00:09		
	2 Maiken Økern Hågård	28:28 1	00:00	56:56 1	00:00	1	
	3 Jenny Baklid	37:37 6	03:06	1:34:33 2	01:37	-1	
3	<b>Fossum IF lag 1</b>			<b>1:35:50</b>	<b>02:54</b>		<b>203</b>
	1 Pernille Katla	28:19 1	00:00	28:19 1	00:00		
	2 Ingrid G. Kvålsgard	32:44 7	04:16	1:01:03 5	04:07	-4	
	3 Victoria Hæstad Bjørnstad	34:47 3	00:16	1:35:50 3	02:54	2	
4	<b>Asker Skiklubb lag 1</b>			<b>1:40:28</b>	<b>07:32</b>		<b>207</b>
	1 Tilla Farnes Hennum	29:27 6	01:08	29:27 6	01:08		
	2 Lotte Jauhojärvi Markussen	30:46 4	02:18	1:00:13 3	03:17	3	
	3 Synne Strand	40:15 12	05:44	1:40:28 4	07:32	-1	
5	<b>Ganddal IL/Oppsal/Ringerike lag 1</b>			<b>1:42:21</b>	<b>09:25</b>		<b>240</b>
	1 Ane Sofie Krogh	29:40 10	01:21	29:40 10	01:21		
	2 Tuva Aas Stræte	32:53 8	04:25	1:02:33 7	05:37	3	
	3 Janne Tjørhom Aasheim	39:48 9	05:17	1:42:21 5	09:25	2	
6	<b>Lardal OL / Sandefjord OK lag 1</b>			<b>1:42:49</b>	<b>09:53</b>		<b>208</b>
	1 Signe Bredholt Jørgensen	29:34 9	01:15	29:34 9	01:15		
	2 Marit Melby Jacobsen	33:05 9	04:37	1:02:39 8	05:43	1	
	3 Ella Arentz Hagen	40:10 11	05:39	1:42:49 6	09:53	2	
7	<b>Kongsberg OL lag 1</b>			<b>1:45:46</b>	<b>12:50</b>		<b>204</b>
	1 Helene Eger	30:46 16	02:27	30:46 16	02:27		
	2 Marlin Haavengen	31:37 5	03:09	1:02:23 6	05:27	10	
	3 Kjersti Tønnessen Bergstøl	43:23 15	08:52	1:45:46 7	12:50	-1	
8	<b>Freidig lag 1</b>			<b>1:47:19</b>	<b>14:23</b>		<b>226</b>
	1 Malin Sandstad	28:58 3	00:39	28:58 3	00:39		
	2 Vera Melkild	36:03 13	07:35	1:05:01 9	08:05	-6	
	3 Åshild Kolstad	42:18 14	07:47	1:47:19 8	14:23	1	
9	<b>OK Moss lag 1</b>			<b>1:47:35</b>	<b>14:39</b>		<b>212</b>
	1 Karoline Bjørnerød	30:54 17	02:35	30:54 17	02:35		
	2 Johanne Bratland Tjernshaugen	36:37 14	08:09	1:07:31 13	10:35	4	
	3 Aurora Gjølshjøl	40:04 10	05:33	1:47:35 9	14:39	4	
10	<b>Halden SK lag 1</b>			<b>1:47:55</b>	<b>14:59</b>		<b>221</b>
	1 Hedda Raadal Bjørlo	36:49 27	08:30	36:49 27	08:30		
	2 Karoline Aune	34:12 10	05:44	1:11:01 19	14:05	8	
	3 Idun Kristine Felde Olausen	36:54 4	02:23	1:47:55 10	14:59	9	



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<b>D17-20</b>							
<b>11</b>	<b>Fredrikstad SK lag 1</b>			<b>1:49:18</b>	<b>16:22</b>		<b>202</b>
	1 Rikke Blakkestad Ingesen	31:37 19	03:18	31:37 19	03:18		
	2 Ida-Synnøve Kristiansen	43:10 30	14:42	1:14:47 23	17:51	-4	
	3 Marie Olaussen	34:31 1	00:00	1:49:18 11	16:22	12	
<b>12</b>	<b>TIF Viking / IL Gular lag 1</b>			<b>1:50:16</b>	<b>17:20</b>		<b>238</b>
	1 Mari Strømme Lid	29:49 11	01:30	29:49 11	01:30		
	2 Eli Fjellbirkeland Johannesen	36:52 15	08:24	1:06:41 12	09:45	-1	
	3 Tora Aasheim Nymark	43:35 16	09:04	1:50:16 12	17:20	0	
<b>13</b>	<b>Fossum IF lag 2</b>			<b>1:51:40</b>	<b>18:44</b>		<b>228</b>
	1 Karen Jomaas	29:02 4	00:43	29:02 4	00:43		
	2 Tonje Rognerud Bøe	40:30 23	12:02	1:09:32 17	12:36	-13	
	3 Åsne Naadland Holo	42:08 13	07:37	1:51:40 13	18:44	4	
<b>14</b>	<b>Hisøy OK / Oddersjaa SSK lag 1</b>			<b>1:53:00</b>	<b>20:04</b>		<b>242</b>
	1 Silje Hauge	32:59 21	04:40	32:59 21	04:40		
	2 Malin Hauge	32:34 6	04:06	1:05:33 10	08:37	11	
	3 Sigrid Ekeland	47:27 24	12:56	1:53:00 14	20:04	-4	
<b>14</b>	<b>Raumar Orientering lag 1</b>			<b>1:53:00</b>	<b>20:04</b>		<b>216</b>
	1 Kristine Eide Rapp	31:59 20	03:40	31:59 20	03:40		
	2 Hedda Skatvedt	34:33 12	06:05	1:06:32 11	09:36	9	
	3 Hanne Eide Rapp	46:28 21	11:57	1:53:00 14	20:04	-3	
<b>16</b>	<b>Asker Skiklubb lag 2</b>			<b>1:54:15</b>	<b>21:19</b>		<b>209</b>
	1 Nora Synnøve Woxholth	29:54 12	01:35	29:54 12	01:35		
	2 Margrethe Wisløff	30:39 3	02:11	1:00:33 4	03:37	8	
	3 Fanni Jauhojärvi Markussen	53:42 28	19:11	1:54:15 16	21:19	-12	
<b>17</b>	<b>Kristiansand Mix lag 1</b>			<b>1:54:22</b>	<b>21:26</b>		<b>213</b>
	1 Christiane Ruud Bøckman	35:58 24	07:39	35:58 24	07:39		
	2 Inga Vestøl Stødle	41:20 25	12:52	1:17:18 25	20:22	-1	
	3 V Myre	37:04 5	02:33	1:54:22 17	21:26	8	
<b>18</b>	<b>Sandnes IL (Rogaland) lag 1</b>			<b>1:54:50</b>	<b>21:54</b>		<b>218</b>
	1 Sunniva Omdal	34:57 23	06:38	34:57 23	06:38		
	2 Marie Line Furland	34:16 11	05:48	1:09:13 14	12:17	9	
	3 Vilde Malmei	45:37 18	11:06	1:54:50 18	21:54	-4	
<b>19</b>	<b>Porsgrunn OL lag 1</b>			<b>1:56:15</b>	<b>23:19</b>		<b>214</b>
	1 Hanne Vassend	29:26 5	01:07	29:26 5	01:07		
	2 Camilla L. Rosenvold	40:25 22	11:57	1:09:51 18	12:55	-13	
	3 Emilie Westin	46:24 20	11:53	1:56:15 19	23:19	-1	
<b>20</b>	<b>Tynset IF lag 1</b>			<b>1:56:24</b>	<b>23:28</b>		<b>222</b>
	1 Ane Ingeborg Kalbækken	30:07 14	01:48	30:07 14	01:48		
	2 Anna Vangen Lunåsno	39:16 20	10:48	1:09:23 16	12:27	-2	
	3 Guri Sandvold	47:01 22	12:30	1:56:24 20	23:28	-4	



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<b>21</b>	<b>Bodø og Omegn IF/NTNUI lag 1</b>			<b>1:57:21</b>	<b>24:25</b>		<b>244</b>
	1 Nora Marie Wedege Irgens	37:18 33	08:59	37:18 33	08:59		
	2 Kaja Samuelsen Skiri	40:40 24	12:12	1:17:58 28	21:02	5	
	3 Sonja Mellberg	39:23 8	04:52	1:57:21 21	24:25	7	
<b>22</b>	<b>Kongsberg OL lag 2</b>			<b>2:03:22</b>	<b>30:26</b>		<b>205</b>
	1 Aurora Moholth	36:34 26	08:15	36:34 26	08:15		
	2 Anne Willkommen Eiken	41:23 26	12:55	1:17:57 27	21:01	-1	
	3 Rikke Hjelseth Larsen	45:25 17	10:54	2:03:22 22	30:26	5	
<b>23</b>	<b>Konnerud IL lag 2</b>			<b>2:04:47</b>	<b>31:51</b>		<b>232</b>
	1 Mari Landro Svingheim	48:22 38	20:03	48:22 38	20:03		
	2 Anniken Ranvik	37:40 18	09:12	1:26:02 37	29:06	1	
	3 Thea Sildnes Baklid	38:45 7	04:14	2:04:47 23	31:51	14	
<b>24</b>	<b>IL BUL-Tromsø lag 1</b>			<b>2:05:10</b>	<b>32:14</b>		<b>219</b>
	1 Idunn Strand	36:06 25	07:47	36:06 25	07:47		
	2 Ane-Marte Borg Hanssen	41:48 27	13:20	1:17:54 26	20:58	-1	
	3 Tora Indregard	47:16 23	12:45	2:05:10 24	32:14	2	
<b>25</b>	<b>IL Tyrving lag 1</b>			<b>2:05:28</b>	<b>32:32</b>		<b>217</b>
	1 Oda J Sikkeland	30:18 15	01:59	30:18 15	01:59		
	2 Mina Jørgensen	38:59 19	10:31	1:09:17 15	12:21	0	
	3 Solveig Eline Berg	56:11 32	21:40	2:05:28 25	32:32	-10	
<b>26</b>	<b>Kongsberg OL lag 3</b>			<b>2:07:51</b>	<b>34:55</b>		<b>234</b>
	1 Ingvild Langeggen	37:08 30	08:49	37:08 30	08:49		
	2 Tale Strand	36:53 16	08:25	1:14:01 22	17:05	8	
	3 Andrea Vanebo	53:50 30	19:19	2:07:51 26	34:55	-4	
<b>27</b>	<b>Askøy OI / Fana II / Lillomarka lag 1</b>			<b>2:08:55</b>	<b>35:59</b>		<b>243</b>
	1 Tonje Aasheim Nymark	34:40 22	06:21	34:40 22	06:21		
	2 Hanne Daltveit	44:02 32	15:34	1:18:42 30	21:46	-8	
	3 Ingvild Christoffersen Flesje	50:13 26	15:42	2:08:55 27	35:59	3	
<b>28</b>	<b>Eiker OL lag 2</b>			<b>2:09:25</b>	<b>36:29</b>		<b>229</b>
	1 Silje Morlandstø	37:06 28	08:47	37:06 28	08:47		
	2 Solveig Letmolie	42:45 29	14:17	1:19:51 31	22:55	-3	
	3 Lotte Myklemyr	49:34 25	15:03	2:09:25 28	36:29	3	
<b>29</b>	<b>Frol IL lag 1</b>			<b>2:10:19</b>	<b>37:23</b>		<b>223</b>
	1 Mari Kilskar Grevskott	29:54 12	01:35	29:54 12	01:35		
	2 Matilde Munkeby	46:40 36	18:12	1:16:34 24	19:38	-12	
	3 Ragne Munkeby	53:45 29	19:14	2:10:19 29	37:23	-5	
<b>30</b>	<b>Gjø-Vard OL/Hadeland/Lillehammer lag 1</b>			<b>2:11:11</b>	<b>38:15</b>		<b>241</b>
	1 Ane Holm Grøneng	37:06 28	08:47	37:06 28	08:47		
	2 Ingeborg Rognstad	47:58 37	19:30	1:25:04 36	28:08	-8	
	3 Agnethe Hasli	46:07 19	11:36	2:11:11 30	38:15	6	



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<b>D17-20</b>							
<b>31</b>	<b>Konnerud IL lag 3</b>			<b>2:13:07</b>	<b>40:11</b>		<b>235</b>
	1 Thea Land	37:15 31	08:56	37:15 31	08:56		
	2 Amanda Skyttersæter Saugerud	43:51 31	15:23	1:21:06 32	24:10	-1	
	3 Annette Bjørnås Krogstie	52:01 27	17:30	2:13:07 31	40:11	1	
<b>32</b>	<b>Egersund OK / Kongsberg OL lag 1</b>			<b>2:16:59</b>	<b>44:03</b>		<b>236</b>
	1 Idunn Haavengen	38:24 34	10:05	38:24 34	10:05		
	2 Kathinka Rogstad	44:31 34	16:03	1:22:55 34	25:59	0	
	3 Ida Monsen	54:04 31	19:33	2:16:59 32	44:03	2	
<b>33</b>	<b>Halden SK / Måren OK lag 1</b>			<b>2:18:33</b>	<b>45:37</b>		<b>245</b>
	1 Linn Mei Waaler	38:45 36	10:26	38:45 36	10:26		
	2 Carmen Dirro	42:21 28	13:53	1:21:06 32	24:10	4	
	3 Hanna Lye Moum	57:27 33	22:56	2:18:33 33	45:37	-1	
<b>34</b>	<b>Larvik OK lag 1</b>			<b>2:18:36</b>	<b>45:40</b>		<b>211</b>
	1 Andrine Harriet Fremstad	29:32 8	01:13	29:32 8	01:13		
	2 Elisabeth Hesselberg	44:09 33	15:41	1:13:41 21	16:45	-13	
	3 Antonette Hesselberg	1:04:55 34	30:24	2:18:36 34	45:40	-13	
<b>35</b>	<b>Nydalens SK lag 1</b>			<b>2:24:35</b>	<b>51:39</b>		<b>206</b>
	1 Ingvil Ahlsand	31:12 18	02:53	31:12 18	02:53		
	2 Marie Liland	40:14 21	11:46	1:11:26 20	14:30	-2	
	3 Karianne Olsvik Dengerud	1:13:09 37	38:38	2:24:35 35	51:39	-15	
<b>36</b>	<b>OL Tønsberg og Omegn/Porsgrunn lag 1</b>			<b>2:25:05</b>	<b>52:09</b>		<b>233</b>
	1 Elise Ausen	40:47 37	12:28	40:47 37	12:28		
	2 Anna Meen	37:28 17	09:00	1:18:15 29	21:19	8	
	3 Julie Eikeland	1:06:50 36	32:19	2:25:05 36	52:09	-7	
<b>37</b>	<b>IL Tyrving lag 2</b>			<b>2:38:39</b>	<b>1:05:43</b>		<b>231</b>
	1 Synne Skjærstein	38:44 35	10:25	38:44 35	10:25		
	2 Emma Meyer Larsson	45:24 35	16:56	1:24:08 35	27:12	0	
	3 Ingrid Lund Hovden	1:14:31 38	40:00	2:38:39 37	1:05:43	-2	
<b>38</b>	<b>Byåsen IL lag 2</b>			<b>2:46:30</b>	<b>1:13:34</b>		<b>227</b>
	1 Emilie Liabakk Eriksen	49:49 39	21:30	49:49 39	21:30		
	2 Hedda Hoff Hagen	50:17 39	21:49	1:40:06 39	43:10	0	
	3 Andrine Viken	1:06:24 35	31:53	2:46:30 38	1:13:34	1	
<b>39</b>	<b>BOS OL/Konnerud/Sturla lag 1</b>			<b>2:57:35</b>	<b>1:24:39</b>		<b>237</b>
	1 Tonje-Malin Rhrich	49:58 40	21:39	49:58 40	21:39		
	2 Ingeborg Kvarme	50:21 40	21:53	1:40:19 40	43:23	0	
	3 Oda Gjerdahl	1:17:16 39	42:45	2:57:35 39	1:24:39	1	
<b>40</b>	<b>Verdal Ok / Freidig lag 1</b>			<b>1:26:23</b>			<b>239</b>
	1 Sigrid Vehus Skjerve	37:16 32	08:57	37:16 32	08:57		
	2 Sofie Hallem	49:07 38	20:39	1:26:23 38	29:27	-6	
	3						



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<b>D17-20</b>							
<b>DSQ</b>	<b>Eiker OL lag 1</b>			<b>00:00</b>			<b>225</b>
	1 Thea Dyrkorn	30:48	02:29	30:48	02:29		
	2 Christine Hoen	40:45	12:17	1:11:33	14:37	0	DSQ
	3 Ane Dyrkorn	35:46	01:15	1:47:19	14:23	0	
<b>DSQ</b>	<b>Wing OK lag 1</b>			<b>00:00</b>			<b>224</b>
	1 Synne Kvamme	29:50	01:31	29:50	01:31		
	2 Ella Eriksen Kongsvik	49:10	20:42	1:19:00	22:04	0	DSQ
	3 Anna Renolen	1:07:07	32:36	2:26:07	53:11	0	
<b>DSQ</b>	<b>Stjørdals-Blink Orientering lag 1</b>			<b>00:00</b>			<b>220</b>
	1 Ane Nielsen Solberg	32:07	03:48	32:07	03:48		DSQ
	2 Susanne Eide Haug	55:34	27:06	1:27:41	30:45	0	
	3 Sofia Haglund	52:08	17:37	2:19:49	46:53	0	
<b>DNS</b>	<b>Lillomarka OL lag 1</b>						<b>210</b>
	1 Ingvild C. Fleisje						
	2						
	3 Ingvild C. Fleisje						
<b>DNS</b>	<b>Freidig lag 2</b>						<b>230</b>
	1 Oda Q Fossum	2:15:27	1:47:08	2:15:27	1:47:08		
	2 Maria Ulseth Sylte						
	3 Oda Q Fossum						



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<b>H17-20</b>							
1	<b>Freidig lag 1</b>			<b>1:41:03</b>			<b>112</b>
	1 Mats Eidsmo	31:56 5	00:31	31:56 5	00:31		
	2 Oskar Spets Storhov	34:27 9	03:39	1:06:23 7	03:28	-2	
	3 Håvard Eidsmo	34:40 1	00:00	1:41:03 1	00:00	6	
2	<b>Konnerud IL lag 1</b>			<b>1:41:14</b>	<b>00:11</b>		<b>104</b>
	1 Aslak Heimdal	32:07 8	00:42	32:07 8	00:42		
	2 Jørgen Baklid	30:48 1	00:00	1:02:55 1	00:00	7	
	3 Audun Heimdal	38:19 6	03:39	1:41:14 2	00:11	-1	
3	<b>Halden SK lag 1</b>			<b>1:41:55</b>	<b>00:52</b>		<b>102</b>
	1 Niels Christian Hellerud	31:29 2	00:04	31:29 2	00:04		
	2 Peter Nordbrøden	32:58 5	02:10	1:04:27 4	01:32	-2	
	3 Håkon Raadal Bjørlo	37:28 4	02:48	1:41:55 3	00:52	1	
4	<b>Nydalens SK lag 1</b>			<b>1:42:30</b>	<b>01:27</b>		<b>101</b>
	1 Lukas Liland	34:05 12	02:40	34:05 12	02:40		
	2 Eirik Langedal Breivik	31:14 2	00:26	1:05:19 5	02:24	7	
	3 Elias Jonsson	37:11 2	02:31	1:42:30 4	01:27	1	
5	<b>Fossum IF lag 1</b>			<b>1:43:39</b>	<b>02:36</b>		<b>103</b>
	1 Erik Hæstad Bjørnstad	32:00 6	00:35	32:00 6	00:35		
	2 Einar Melsom	34:17 7	03:29	1:06:17 6	03:22	0	
	3 Erling Hjermstad	37:22 3	02:42	1:43:39 5	02:36	1	
6	<b>Kristiansand OK lag 1</b>			<b>1:43:45</b>	<b>02:42</b>		<b>105</b>
	1 Marius Pytten	31:25 1	00:00	31:25 1	00:00		
	2 Sebastian Daland	32:25 4	01:37	1:03:50 2	00:55	-1	
	3 Marius Aurebekk	39:55 8	05:15	1:43:45 6	02:42	-4	
7	<b>Heming Orientering lag 1</b>			<b>1:45:51</b>	<b>04:48</b>		<b>122</b>
	1 Bjørn Anders Flågen	35:06 23	03:41	35:06 23	03:41		
	2 Ulrik Astrup Arnesen	33:15 6	02:27	1:08:21 8	05:26	15	
	3 Kasper Fosser	37:30 5	02:50	1:45:51 7	04:48	1	
8	<b>Asker Skiklubb lag 1</b>			<b>1:48:15</b>	<b>07:12</b>		<b>107</b>
	1 Henrik Fredriksen Aas	32:01 7	00:36	32:01 7	00:36		
	2 Sander Arntzen	32:18 3	01:30	1:04:19 3	01:24	4	
	3 Vegard Gulbrandsen	43:56 14	09:16	1:48:15 8	07:12	-5	
9	<b>Emblem IL lag 1</b>			<b>1:50:16</b>	<b>09:13</b>		<b>125</b>
	1 Erlend Nilsen Sandnes	31:33 3	00:08	31:33 3	00:08		
	2 Ingrid Lundanes	38:11 21	07:23	1:09:44 13	06:49	-10	
	3 Kristian Nilsen Sandnes	40:32 9	05:52	1:50:16 9	09:13	4	
10	<b>OL Trollelg lag 1</b>			<b>1:50:17</b>	<b>09:14</b>		<b>110</b>
	1 Hallvard Seim Grøvlen	31:51 4	00:26	31:51 4	00:26		
	2 Olav Andreas Remmen	37:08 17	06:20	1:08:59 10	06:04	-6	
	3 Anders Haugskott	41:18 10	06:38	1:50:17 10	09:14	0	





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<b>H17-20</b>							
11	<b>Freidig lag 2</b>			<b>1:50:42</b>	<b>09:39</b>		<b>133</b>
	1 Oscar Lyngen	34:10 14	02:45	34:10 14	02:45		
	2 Vegard Kittilsen	34:54 10	04:06	1:09:04 11	06:09 3		
	3 Adrian Opheim	41:38 11	06:58	1:50:42 11	09:39 0		
12	<b>Nydalens SK lag 2</b>			<b>1:54:09</b>	<b>13:06</b>		<b>111</b>
	1 Lars Young Vik	34:20 15	02:55	34:20 15	02:55		
	2 Isak Jonsson	34:21 8	03:33	1:08:41 9	05:46 6		
	3 Halvor Tørnqvist Halden	45:28 17	10:48	1:54:09 12	13:06 -3		
13	<b>Halden SK lag 2</b>			<b>1:57:17</b>	<b>16:14</b>		<b>106</b>
	1 Erlend Brendstuen	34:56 20	03:31	34:56 20	03:31		
	2 August Asheim Birkeland	37:11 18	06:23	1:12:07 16	09:12 4		
	3 Olav Milian Schmitt Gran	45:10 16	10:30	1:57:17 13	16:14 3		
14	<b>Asker Skiklubb lag 2</b>			<b>1:57:49</b>	<b>16:46</b>		<b>135</b>
	1 Axel Hoveid	34:22 16	02:57	34:22 16	02:57		
	2 Eivind Øfsthus Gravir	39:17 23	08:29	1:13:39 21	10:44 -5		
	3 Per Clemet Wisløff	44:10 15	09:30	1:57:49 14	16:46 7		
15	<b>Fossum IF lag 2</b>			<b>1:58:35</b>	<b>17:32</b>		<b>108</b>
	1 Øyvind Hjermsstad	39:52 34	08:27	39:52 34	08:27		
	2 Tarjei Holo	36:59 13	06:11	1:16:51 22	13:56 12		
	3 Martin Borge Heir	41:44 12	07:04	1:58:35 15	17:32 7		
16	<b>OL Tønsberg og Omegn lag 1</b>			<b>1:58:38</b>	<b>17:35</b>		<b>114</b>
	1 Mathias Gløersen	34:03 11	02:38	34:03 11	02:38		
	2 Trym B Island	38:08 20	07:20	1:12:11 18	09:16 -7		
	3 Øystein Fruseth Christiansen	46:27 19	11:47	1:58:38 16	17:35 2		
17	<b>Freidig lag 3</b>			<b>1:58:44</b>	<b>17:41</b>		<b>144</b>
	1 Simen Spets Storhov	35:09 26	03:44	35:09 26	03:44		
	2 Mathias Vindal	37:04 15	06:16	1:12:13 19	09:18 7		
	3 Mathias Hermstad	46:31 20	11:51	1:58:44 17	17:41 2		
18	<b>Sturla, IF lag 1</b>			<b>1:59:07</b>	<b>18:04</b>		<b>120</b>
	1 Sturla Frydenlund	35:00 21	03:35	35:00 21	03:35		
	2 Ole Jørgen Bogen Arenth	37:07 16	06:19	1:12:07 16	09:12 5		
	3 Johan Kristian Undeland	47:00 21	12:20	1:59:07 18	18:04 -2		
19	<b>Porsgrunn OL lag 1</b>			<b>1:59:28</b>	<b>18:25</b>		<b>116</b>
	1 Rasmus Mathisen	35:14 28	03:49	35:14 28	03:49		
	2 Håkon Kornmo	38:24 22	07:36	1:13:38 20	10:43 8		
	3 Alexander Repstad Storemyr	45:50 18	11:10	1:59:28 19	18:25 1		
20	<b>Freidig lag 4</b>			<b>2:02:33</b>	<b>21:30</b>		<b>147</b>
	1 Jonas Grønli	35:11 27	03:46	35:11 27	03:46		
	2 Jo Even Kolstad	36:44 12	05:56	1:11:55 14	09:00 13		
	3 Kristian Fredrik Lynum	50:38 26	15:58	2:02:33 20	21:30 -6		



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<b>H17-20</b>							
21	<b>Vang OL lag 1</b>			<b>2:04:07</b>	<b>23:04</b>		<b>128</b>
	1 Eskil Frøisland	39:59 36	08:34	39:59 36	08:34		
	2 Even Lindaas	41:26 24	10:38	1:21:25 30	18:30 6		
	3 Njaal Ellegaard Melby	42:42 13	08:02	2:04:07 21	23:04 9		
22	<b>Fredrikstad SK lag 1</b>			<b>2:04:47</b>	<b>23:44</b>		<b>124</b>
	1 Sondre Ottesen	36:58 32	05:33	36:58 32	05:33		
	2 Eirik Imrik	48:11 35	17:23	1:25:09 34	22:14 -2		
	3 Herman Ryen Martinsen	39:38 7	04:58	2:04:47 22	23:44 12		
23	<b>Kongsberg OL lag 1</b>			<b>2:05:47</b>	<b>24:44</b>		<b>113</b>
	1 Tord Strand	35:07 25	03:42	35:07 25	03:42		
	2 Håkon Lund	36:59 13	06:11	1:12:06 15	09:11 10		
	3 Sølve Drage	53:41 29	19:01	2:05:47 23	24:44 -8		
24	<b>Varegg Fleridrett lag 1</b>			<b>2:07:08</b>	<b>26:05</b>		<b>129</b>
	1 Magnus Gjerstad	34:24 17	02:59	34:24 17	02:59		
	2 Kristian Rykkje	43:19 26	12:31	1:17:43 24	14:48 -7		
	3 Stian Rykkje	49:25 24	14:45	2:07:08 24	26:05 0		
25	<b>Haugesund IL/Stavanger lag 1</b>			<b>2:08:05</b>	<b>27:02</b>		<b>123</b>
	1 Johan Christie Ørke	35:06 23	03:41	35:06 23	03:41		
	2 Ruben Kobbeltvedt	45:59 31	15:11	1:21:05 29	18:10 -6		
	3 Sigurd Paulsen Vie	47:00 21	12:20	2:08:05 25	27:02 4		
26	<b>Kristiansand/Oddersjaa/vegårdsh lag 1</b>			<b>2:08:06</b>	<b>27:03</b>		<b>151</b>
	1 Einar Ekeland	34:05 12	02:40	34:05 12	02:40		
	2 Anders Vestøl	35:34 11	04:46	1:09:39 12	06:44 0		
	3 John Runde	58:27 35	23:47	2:08:06 26	27:03 -14		
27	<b>Nydalens SK lag 3</b>			<b>2:11:10</b>	<b>30:07</b>		<b>142</b>
	1 Jørgen Wulfsberg	39:05 33	07:40	39:05 33	07:40		
	2 Audun Bergan	41:29 25	10:41	1:20:34 28	17:39 5		
	3 Sander H. Rogndokken	50:36 25	15:56	2:11:10 27	30:07 1		
28	<b>Bodø og Omegn IF Orientering lag 1</b>			<b>2:15:31</b>	<b>34:28</b>		<b>132</b>
	1 Trygve Kongsbakk	40:11 37	08:46	40:11 37	08:46		
	2 Marius Ekrem Finstad	44:16 28	13:28	1:24:27 33	21:32 4		
	3 Espen Samuelsen Skiri	51:04 27	16:24	2:15:31 28	34:28 5		
29	<b>Hedrum OL / OTO/Stokke IL lag 1</b>			<b>2:17:14</b>	<b>36:11</b>		<b>149</b>
	1 Sindre R Holt	32:17 9	00:52	32:17 9	00:52		
	2 Jakob Hjelseth	44:47 29	13:59	1:17:04 23	14:09 -14		
	3 Even Gravningen	1:00:10 38	25:30	2:17:14 29	36:11 -6		
30	<b>Freidig lag 5</b>			<b>2:19:07</b>	<b>38:04</b>		<b>148</b>
	1 Lars Sandstad	34:28 18	03:03	34:28 18	03:03		
	2 Matias Nissen	52:05 38	21:17	1:26:33 36	23:38 -18		
	3 Håkon Holstad	52:34 28	17:54	2:19:07 30	38:04 6		





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<b>H17-20</b>							
<b>31</b>	<b>Fossum IF lag 3</b>			<b>2:20:55</b>	<b>39:52</b>		<b>109</b>
	1 Peter Gisholt	42:45 38	11:20	42:45 38	11:20		
	2 Eivind Berner Myhre	43:45 27	12:57	1:26:30 35	23:35 3		
	3 Oscar Hæstad Bjørnstad	54:25 30	19:45	2:20:55 31	39:52 4		
<b>32</b>	<b>OL Tønsberg og Omegn lag 2</b>			<b>2:21:34</b>	<b>40:31</b>		<b>139</b>
	1 Anders Krona Haflan	35:17 29	03:52	35:17 29	03:52		
	2 Morten Krona Haflan	46:09 32	15:21	1:21:26 31	18:31 -2		
	3 Olav Aasmundtveit Hoff	1:00:08 37	25:28	2:21:34 32	40:31 -1		
<b>33</b>	<b>Byåsen IL lag 1</b>			<b>2:21:50</b>	<b>40:47</b>		<b>126</b>
	1 Petter Liabakk Eriksen	35:18 30	03:53	35:18 30	03:53		
	2 Brage Jørum	45:13 30	14:25	1:20:31 27	17:36 3		
	3 Are Lodgaard	1:01:19 39	26:39	2:21:50 33	40:47 -6		
<b>34</b>	<b>Birkenes IL lag 1</b>			<b>2:24:05</b>	<b>43:02</b>		<b>127</b>
	1 Asgeir Reiersen Jensen	35:21 31	03:56	35:21 31	03:56		
	2 Magnus Mosfjell	52:10 39	21:22	1:27:31 37	24:36 -6		
	3 Sigurd Svaland Aas	56:34 32	21:54	2:24:05 34	43:02 3		
<b>35</b>	<b>Larvik OK lag 1</b>			<b>2:27:09</b>	<b>46:06</b>		<b>121</b>
	1 Tobias Kristensen	32:19 10	00:54	32:19 10	00:54		
	2 Anders Bjørningstad Kristoffersen	47:15 33	16:27	1:19:34 25	16:39 -15		
	3 Jens Didrik Berg	1:07:35 41	32:55	2:27:09 35	46:06 -10		
<b>36</b>	<b>Raumar Orientering lag 1</b>			<b>2:31:24</b>	<b>50:21</b>		<b>118</b>
	1 Øistein Fagerli Næss	43:04 40	11:39	43:04 40	11:39		
	2 Anders Horvei	37:25 19	06:37	1:20:29 26	17:34 14		
	3 Emil Bjørnstad Strand	1:10:55 42	36:15	2:31:24 36	50:21 -10		
<b>37</b>	<b>IL BUL-Tromsø / Østmarka OK lag 1</b>			<b>2:34:44</b>	<b>53:41</b>		<b>131</b>
	1 Andreas Ramberg	39:57 35	08:32	39:57 35	08:32		
	2 Anna Cecilie Linløkken	57:38 42	26:50	1:37:35 39	34:40 -4		
	3 Jonatan Graversen	57:09 34	22:29	2:34:44 37	53:41 2		
<b>38</b>	<b>Vang OL lag 2</b>			<b>2:35:57</b>	<b>54:54</b>		<b>137</b>
	1 Jostein Svaland Dale	44:28 41	13:03	44:28 41	13:03		
	2 Sverre Narum	48:51 37	18:03	1:33:19 38	30:24 3		
	3 Ole Johan Bråten	1:02:38 40	27:58	2:35:57 38	54:54 0		
<b>39</b>	<b>Malvik IL/Stjørdals-Blink lag 1</b>			<b>2:35:59</b>	<b>54:56</b>		<b>150</b>
	1 Audun Wanvik Haugen	42:46 39	11:21	42:46 39	11:21		
	2 Henrik Kraft	56:13 41	25:25	1:38:59 40	36:04 -1		
	3 Ludvig Williams Strømsnes	57:00 33	22:20	2:35:59 39	54:56 1		
<b>40</b>	<b>Oppsal Orientering lag 1</b>			<b>2:40:05</b>	<b>59:02</b>		<b>115</b>
	1 Lavran Thorstensen	1:03:49 43	32:24	1:03:49 43	32:24		
	2 Ludvig Rødnes	48:11 35	17:23	1:52:00 43	49:05 0		
	3 Ole Martin Edstrøm	48:05 23	13:25	2:40:05 40	59:02 3		



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<b>H17-20</b>							
41	<b>Lillomarka OL lag 1</b>			<b>2:40:10</b>	<b>59:07</b>		<b>119</b>
	1 Elias Skjolden Sørensen	35:03 22	03:38	35:03 22	03:38		
	2 Mathias Pedersen Vold	1:08:48 43	38:00	1:43:51 41	40:56	-19	
	3 Eirik Høst Fossgard	56:19 31	21:39	2:40:10 41	59:07	0	
42	<b>Konnerud IL lag 2</b>			<b>2:44:18</b>	<b>1:03:15</b>		<b>141</b>
	1 Joar Gjerdahl	34:38 19	03:13	34:38 19	03:13		
	2 Nicolai Harvik	48:01 34	17:13	1:22:39 32	19:44	-13	
	3 Nikolai Nordhaug	1:21:39 43	46:59	2:44:18 42	1:03:15	-10	
43	<b>Halden SK / Måren OK lag 1</b>			<b>2:48:04</b>	<b>1:07:01</b>		<b>143</b>
	1 Jonatan Aune	53:57 42	22:32	53:57 42	22:32		
	2 Alexander Skaug Ytterbøl	54:57 40	24:09	1:48:54 42	45:59	0	
	3 Skjalg Nysæter	59:10 36	24:30	2:48:04 43	1:07:01	-1	
DNF	<b>Oppsal Orientering lag 2</b>						<b>138</b>
	1 William Resvoll Skaug	1:04:00	32:35	1:04:00	32:35		
	2						
	3						
DSQ	<b>Wing OK lag 1</b>						<b>130</b>
	1 Asbjørn Midtbø	40:56	09:31	40:56	09:31		
	2 Jonas Vindal	1:00:27	29:39	1:41:23	38:28	0	
	3 Johannes Karstein Midtbø	55:40	21:00	2:37:03	56:00	0	DSQ
DSQ	<b>Kristiansand OK lag 2</b>						<b>140</b>
	1 Kristian Pytten	34:07	02:42	34:07	02:42		DSQ
	2 David Runde	37:48	07:00	1:11:55	09:00	0	
	3 Johannes Bakke Aashamar	59:11	24:31	2:11:06	30:03	0	
DNS	<b>Mo OK lag 1</b>						<b>117</b>
	1						
	2						
	3						
DNF	<b>Asker Skiklubb lag 3</b>						<b>145</b>
	1 Bjørnar Løvli	49:24	17:59	49:24	17:59		
	2 Vegard Løvli	53:11	22:23	1:42:35	39:40	0	
	3						
DNF	<b>Heming Orientering lag 2</b>						<b>136</b>
	1 Petter Astrup Arnesen	38:19	06:54	38:19	06:54		
	2 Sverre Bang Støeng	42:13	11:25	1:20:32	17:37	0	
	3						
DNF	<b>Fossum IF lag 4</b>						<b>146</b>
	1 Sivert Sande Kverme	35:16	03:51	35:16	03:51		
	2 Jan Erik Naess	34:37	03:49	1:09:53	06:58	0	
	3						



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DNF	Fredrikstad SK / Indre Østfold lag 1						134
	1 Eirik Blågestad	37:33	06:08	37:33	06:08		
	2 Runar Saur Modahl	43:35	12:47	1:21:08	18:13	0	
	3						