



# Bulletin I



2017  
NORWAY  
**OSTFOLD**  
Euromeeeting  
2.-3. september

# Welcome to Østfold

It's a great pleasure to welcome you all to Euromeeeting 2017, and to the county of Østfold. This is the first time for many of you to get more knowledge about this region in the South-East part of Norway. You will also have the pleasure to visit the 1000-years old city of Sarpsborg, which is the host city for WOC 2019. Here you will find the official event hotel and the venue for the medal ceremonies. Sarpsborg is known for its long industrial history, a lot of green areas and the big waterfall called Sarpefossen. In 2016 the biggest orienteering event in Norway, O-festivalen, was arranged in and around the city. During 3 days about 3000 participants had the pleasure to run in beautiful surroundings.

The venues for Euromeeeting 2017 are placed near to the city of Moss and at Rudskogen, the national venue for motorsports. By taking part in the competitions, you will get a lot of useful experience ahead of the WOC 2019. You will also have the opportunity to train in different terrains after the competitions. Østfold also has a variety of nice terrain and high quality maps for training. Our clubs in the region will organize different technical challenges for you. Most of these trainings are only a short drive from the WOC 2019 hotel.

I look forward to seeing you at the exciting competitions during the weekend and wish you all good luck. I also wish you a very nice stay in Sarpsborg, the WOC 2019-city.



**Sigmund Vister**

Chairman of the board, VM Orienteering 2019 AS

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**INOV** 

# 1. Location

Euromeeeting 2017 will take place in Østfold, the same county that will host WOC 2019. Østfold has many exciting and varied terrains.

On Friday 1 September there will be organise a prologue (20 min). This will be followed by a chasing start (35 min) on Saturday 2 September. The prologue and chasing start will be organised in Våler, near by the city of Moss. The two competitions will be of middle distance character.

The long distance on Sunday 3 September is going to be organised near Sarpsborg city, in Varteig. This competition will be organised alongside the Østfold long distance championships and competitors in each competition will run the same courses.

The official Euromeeeting hotel is Quality Hotel, Sarpsborg. The hotel is located approximately 42 km from the competition area in Våler and approximately 20 km from the competition area in Varteig.



## 2. Program

**Friday, September 1.:** Arrival  
Model event  
Event office for the training camp  
Team Officials' meeting  
Prologue in Våler, Moss

**Saturday, September 2.:** Chasing start in Våler, Moss

**Sunday, September 3.:** Long Distance in Varteig

**September 4.-10.:** WC 2018/ WOC 2019 training camp 1



Foto: Lars Ole Klavestad



## 3. Terrain and map

**1 .September 2017:** Model Event, more information in bulletin 2  
PROLOGUE, Fjell shooting range Våler, OK Moss

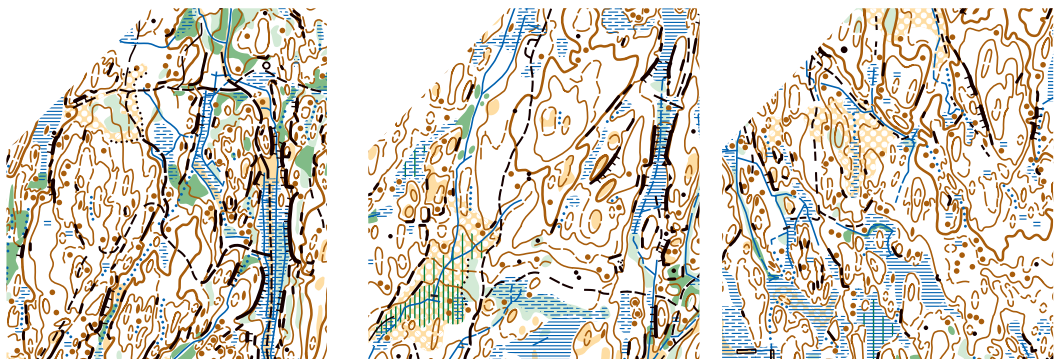
**2. September 2017:** CHASING START, Fjell shooting range Våler, OK Moss

**3. September 2017:** LONG DISTANCE, Bø, Varteig Church, Varteig IL  
Parallell with the Eurometing event will be the Østfold Championship in long distance

### PROLOGUE and CHASING START

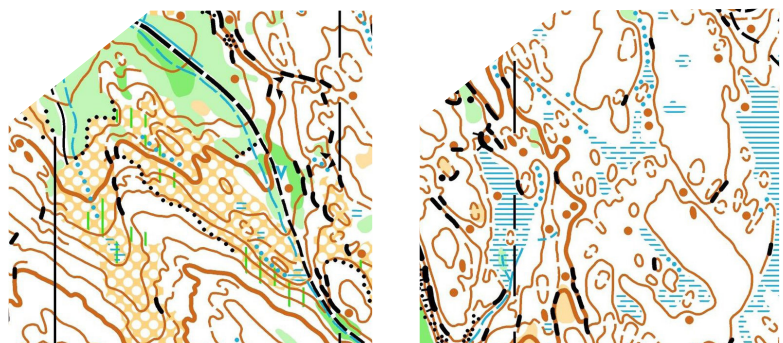
The competitions will be held in a WOC2019 relevant terrain on a newly updated map based on the same laserdata as the WOC2019 maps. The terrain is undulating and moderately detailed with small areas of marsh land. The forest is mainly good run ability with nice forest floor. The terrain is relevant for the WOC2019 terrain at Mørk.

The runners can expect a nice experience in typical terrain for the Moss area.



### LONG DISTANCE

The terrain is varied. Parts of the terrain are undulating with good runability. There are also green areas with intricate terrain details which challenge the map reading. The terrain also includes some felled areas and some areas of marsh land. In the southern and western areas there are parts which are hillier.



## 4. Organisers

### Prologue and chasing start:

Moss OK, event director: Jan Bjerketvedt ([jan-bje@online.no](mailto:jan-bje@online.no))

Course setter: Harald Lundhaug and Astrid Bjørnerød

### Long distance:

Varteig OL, event director: Kjell Einar Andersen ([kean@sarpsborg.com](mailto:kean@sarpsborg.com))

Course setter: Kjell Lunde

## 5. Classes and entry regulation

Euromeeing is an open event for national teams in the Elite classes for men (M21E) and women (W21E). Euromeeing 2017 will be organised together with local competitions.

### Entry and deadlines:

June 1. : National teams should inform their intention to participate by e-mail;

[heidiobag@gmail.com](mailto:heidiobag@gmail.com) with an approximate number of participants.

August 20.: Final entries in [eventor.orientering.no](http://eventor.orientering.no) and payment.

### Entry fee:

Competitors: 30 EUR per competition (total 60 EUR)

Team-representatives: 30 EUR

NB! The payee must cover all bank costs!

Account owner: VM Orientering 2019 AS

Address: c/o Østfold O-krets v/ Kine Hallan Steiwer, Damhauggata 20, 1772 Halden

Bank: Eidsberg Sparebank

IBAN: NO4310203012360

SWIFT/BIC: EIDSNO21XXX

All competition areas are embargoed until the competition day.

All race areas are fully embargoed for the athletes.

## 6. Embarrgoed areas

See Terrengsperringer Norsk Orientering for more info: <https://www.google.com/maps/d/viewer?mid=1Ty0mN9pGReL7mAXSvXWoEdVI-fc&usp=sharing>

## 7. Accommodation

For accommodation we recommend the official WOC2019 hotel Quality Hotel Sarpsborg, use the booking code VM2019. There are also other possibilities in Østfold. See visit Østfold for suggestions <http://www.visitoestfold.com/en/accommodation>

All clubs in the area also have club huts with opportunities for accommodation.

The same weekend as Eurometing, a music festival in Sarpsborg will take place.

More information here <http://www.sarpsborgfestivalen.no/>

## 8. Training possibilities

### Model Events

01 September 2017 (morning) - long/middle

### Training camp

WCup 2018 / WOC 2019 training camp 1 will take place from 4th September 2017 to 10th September 2017 in the Sarpsborg area. More detailed information about the program of the training camp will be published in July 2017 on the websites [www.woc2019.no](http://www.woc2019.no). Training possibilities on alternative dates are available upon request. For more information, please contact; [kjell.lunde44@gmail.com](mailto:kjell.lunde44@gmail.com) / [kinesteiwer@hotmail.com](mailto:kinesteiwer@hotmail.com)

Punching system: EMIT punching system will be used.

## 9. Technology

GPS-tracking: On all races, selected runners will be carrying GPS-devices.

More information will be available in Bulletin 2.

## 10. Travel information

The Oslo International Airport (OSL) is the most convenient airport. The distance from the airport to the official WOC2019 hotel Quality Hotel Sarpsborg is 132 km.

There are also two other airports in the area:

Sandefjord airport is 80km (includes a ferry) away.

Göteborg Landvetter Airport is 228km away.

Bulletin 2 will be published about 2-3 weeks prior to the competition.