Invitation

VAREGG FLERIDRETT AND SAMNANGER IL WELCOME YOU TO SPORT8-NORGESCUP SPRINT FOR JUNIORS OG SENIORS SATURDAY AUGUST 19th 2017 IN BERGEN.

World Ranking Event (WRE) for senior classes.

SPECTATOR COURSES WITH START IMMEDIATELY AFTER THE LAST START IN THE NC- / WORLD RANKING EVENT.

Arena: Østre Muralmenning in the center of Bergen.

If you travel by your own car: please see "parking" below.

If you arrive on foot, directions regarding entrance to the arena will be

given in the PM.

Parking: No organised parking. Direct access to the arena from public parking

in Klostergarasjen - choose the exit marked «Klosteret»

Start: First start in the NC / WRE-event at 10:00. Approx. 10 minutes to walk from

the arena to the start.

Spectator courses: first start immediately after the last start in the

NC- / World Ranking Event.

Classes and courses:

NC / WRE	Winning time	Start interval
M21- (WRE)	15 min	1 min
W21- (WRE)	15 min	1 min
M19-20	15 min	1 min
W19-20	15 min	1 min
M17-18	15 min	1 min
W17-18	15 min	1 min

Spectator courses	Winning time
M17-	Will run the M21 – course
W17-	Will run the W21 - course







M50-	Will run the M19-20 - course
W50-	Will run the W19-20 - course
M13-16	Will run the M17-18 - course
W13-16	Will run the W17-18 - course
Open	Will run the W17-18 - course

Map: «Nygårdshøyden/Nordnes», published 2016 / rev. 2017, offset print.

1:4.000, 2 m contours.

Race clothing and shoes:

According to the NOF's rules. Shoes with metal spikes are prohibited.

Terrain: The race area extends from "Torgalmenningen" to "Nordnesparken".

> The surface will mostly be asphalt and cobblestones. A ridge going across the map provides the opportunity to create demanding courses both physically and route-choice-wise. Tight alleys and stairways, set for demanding, varied

and exciting sprint-courses.

Embargoed area:

The embargoed area for runners in the NC- / WRE-race can be found at this link. The area is closed for all training and other activities up to and including the date of the event.

The embargoed area does not apply for runners in the spectator courses.

Punching and timing systems:

EMIT touchfree, EmiTag. Runners must register their EmiTag number. EmiTag-units will be provided to runners who do not register in Eventor with an EmiTag, and will be charged NOK 30,-.

Selected runners in NC- / WRE will wear GPS-units for live-tracking.

Prizes: NC/ WRE:

The six best runners in each NC / WRE- classes will be awarded a prizes from

Sport-8.

There will not be any prizes in the spectator courses.

Sales: Sport 8 will sell sporting equipment.

Registration: Registration via Eventor.







NC / WRE: http://eventor.orientering.no/Events/Show/6176

http://eventor.orientering.no/Events/Show/7666 Spectator courses:

Registration deadline: Sunday August 13th 22:00.

Late registration deadline: Wednesday August 16th 22:00. Remember to enter your to emiTag-number if you have one.

Entry fees (all prices are in Norwegian kroner):

NC/ WRE: NOK 260,- (Late entry / change: NOK 390,-)

Runners in spectator courses:

M/W17-, M/W-50, Open: NOK 75,- (Late entry: NOK 110,-)

M/W13-16: NOK 30,- (Late entry: NOK 45,-).

Competitors from clubs belonging to nations outside Europe pays half fee.

Invoices will be sent to Norwegian clubs after the event.

Payments from foreign clubs must be transferred together with entries to Varegg Fleridrett.

Bank: Sparebanken vest IBAN: NO1736240796354

SWIFT: SPAVNOBB

Event director: Sverre Ottesen, e-mail: sverre.ottesen@gmail.com (phone +47 976 19 460).

Course setter: Ronny Rykkje

Controller: Jan Kocbach

Event-TD: Jan Arild Johnsen

Further information:

Please contact race director by mail.

Homepage: www.nmultra2017.no





