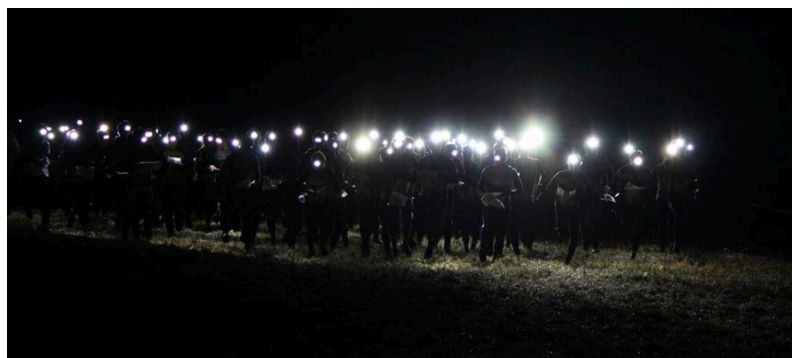




Kristiansand Orienteringsklubb welcomes you to NM Night, Norgescup Middle Distance and KOK 2-dagers March 31st - April 2nd, 2017 in Kristiansand



Friday, March 31

NM Night for juniors and seniors
Spectator course

Saturday, April 1

KOK 2-dagers Middle distance

Sunday, April 2

Norgescup (NC) Middle distance for seniors and juniors.
World Ranking Event for senior classes
KOK 2-dagers Long distance

Start your orienteering season in Kristiansand!

www.nmnatt2017.no

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Information

	Friday, March 31	Saturday, April 1	Sunday, April 2
Event	NM Night, Spectator course	KOK 2-dagers middle distance	NC middle distance, KOK 2-dagers long distance
Classes	H21, D21, H19-20, D19-20, H17-18, D17-18	See table	H21 (WRE), D21 (WRE), H19-20, D19-20, H17-18, D17-18 KOK 2-dagers: see table
First start	Mass start by class from 21:15	Individual start from 13:00 Free start for classes B, C, and N	Individual start from 10:00 Free start for classes B, C, and N
Awards ceremony	Flower ceremony after the race. Awards ceremony at the banquet on Saturday.	From 15:00	From 12:00
Map	Frikstad, OK Sør		
Arena	Kringsjå school		
Directions	Follow marked directions from E18.		
Parking	Up to 1000 meters from the arena.		



Program, course lengths, start and rules

NM Night and Norgescup:

Please refer to NOF's competition rules (www.orientering.no). Further information will be published on the event web site nmnatt2017.no and in the bulletin. Norsk Orientering has approved the mass start for NM Night.

KOK 2-dagers:

Individual start. Free start for N classes and direct courses. Maps for N and C courses are available at the Event office.

Men	Length Saturday	Length Sunday	Women	Length Saturday	Length Sunday	Level	Scale
H-10	2,3 km	2,7 km	D-10	2,3 km	2,7 km	C	1:7500
H 10-12 N	1,5 km	1,4 km	D 10-12 N	1,5 km	1,4 km	N	1:7500
H 11-12	2,3 km	2,7 km	D 11-12	2,3 km	2,7 km	C	1:7500
H 13-14	2,8 km	3,3 km	D 13-14	2,8 km	3,3 km	B	1:7500
H 15-16	3,5 km	4,9 km	D 15-16	3,5 km	4,0 km	A	1:10000/1:7500
H 15-16 B	2,8 km	3,3 km	D 15-16 B	2,8 km	3,3 km	B	
H 13-16 C	2,3 km	2,7 km	D 13-16 C	2,3 km	2,7 km	C	1:7500
H 13-16 N	1,5 km	1,4 km	D 13-16 N	1,5 km	1,4 km	N	1:7500
H17-20	4,0 km	-	D 17-20	3,5 km	-		1:10000
H 17 B	2,8 km	3,3 km	D 17 B	2,8 km	3,3 km	B	1:7500
H 17 C	2,3 km	2,7 km	D 17 C	2,3 km	2,7 km	C	1:7500
H 17 N	1,5 km	1,4 km	D 17 N	1,5 km	1,4 km	N	1:7500
H 17 AK	3,5 km	4,9 km	D 17 AK	3,5 km	4,0 km	A	1:7500
H 21	4,7 km	-	D 21	4,0 km	-	A	1:10000
H 35	4,0 km	5,9 km	D 35	3,5 km	4,9 km	A	1:10000
H 45	3,5 km	5,9 km	D 45	3,5 km	4,0 km	A	1:10000/1:7500
H 55	3,5 km	4,9 km	D 55	2,8 km	4,0 km	A	1:10000/1:7500
H 65	2,8 km	4,0 km	D 65	2,8 km	3,3 km	A	1:7500
H 70	2,8 km	3,3 km	D 70	2,8 km	3,3 km	A	1:7500
H 75	2,8 km	3,3 km	D 75	2,8 km	3,3 km	A	1:7500
N-open	1,5 km	1,4 km	N-open	1,5 km	1,4 km	N	1:7500
Direct A	4,0 km	4,9 km		4,0 km	4,9 km	A	1:10000
Direct B	2,8 km	3,3 km		2,8 km	3,3 km	B	1:7500
Direct C	2,3 km	2,7 km		2,3 km	2,7 km	C	1:7500

Classes and course lengths may be changed.



Spectator course Friday

A course for spectators will be available on Friday. Advance registration via Eventor or on Friday at the Event office. Mass start at approx. kl 22:45.

Småtroll and Child care

A Småtroll course and child care will be available Saturday and Sunday.

Event Office

The Event office at the arena will be open two hours before start and one hour after the last runner is registered at the finish line.

Accommodation

Clarion Hotel Ernst in Kristiansand is our partner hotel, only 15 minutes from the arena. See the event web site nmnatt2017.no for more information.

Banquet

Join us Saturday evening for the event banquet at Clarion Hotel Ernst in Kristiansand. Awards for the NM-Night will be presented and a Taco-buffet and pasta will be served. Registration via Eventor. Price NOK 250 per person.

Directions and Transportation

Approx. 15 km from Kristiansand airport, Kjevik to Clarion Hotel Ernst in downtown Kristiansand. Approx. 12 km from Clarion Hotel Ernst to the arena at Kringsjø school. Public transportation is limited, carpooling is encouraged!

Parking

Free parking

Terrain

The Night-NM terrain has been selected to provide an optimal night orienteering experience with excellent runability and numerous details requiring precise orienteering. The area is gently hilly, and the longest courses will encounter steeper sections. Mixed and hardwood forest with many open areas, marshes and knolls.

Maps

Frikstad 1:10 000. 5m contours.

Maps for children's, youth and veteran classes at KOK 2-dagers will be 1:7500.

Punching and timing systems

NM-Natt og NC: Emit brikke for punching. The use of a display brikke is not allowed. Timing and results by EmiTag. Runners must register their Emit brikke number and EmiTag number. EmiTag units will be provided to runners who do not register in Eventor with an EmiTag, and will be charged NOK 100 per race..

KOK 2-dager: Emit brikke

GPS

Selected runners in NM-night and NC/WRE will wear GPS units for live-tracking.

Prizes

1/3 of starting participants in NM-night will be awarded prizes.

The six best runners in each Norgescup class will be awarded a prize.

KOK-2-dagers: According to NOF guidelines. All runners aged 12 and under will receive a prize.

Registration

Registration via Eventor.

Registration deadline: March 19, 23:59.

Late registration deadline March 28, kl. 23.59. Late registration fee of 50%.

Registration for KOK 2-dagers via Eventor and at the Event office as long as maps are available.

Entry fees:

All prices are in Norwegian kroner

NM night, all classes: 490

NC, all classes: 270

KOK-2-dagers: 16 and under 90 per day / 17 and older, 150 per day

Spectator course Friday March 31: 100

Brikke rental: 50

EMIT-tag rental per day: 100

No entry fees will be refunded after the registration deadline.

Concessions

Hot food, snacks and cake will be available to purchase.

Credit/debit cards, cash, Vipps, and Sping accepted for payment.

Sales

Sport 8 will sell sporting equipment.

Showers

Showers and changing rooms at Kringsjå school.

Embargoed area

Embargoed areas can be found at www.nmnatt2017.no . The area is closed to all training and other activity up to and including the dates of the events.

Training

Training courses are available. See www.nmnatt2017.no for more information

Event personnel

Event director: Øyvind Mikkelsen, 45 03 07 17

Arena director: Sigmund Salthaug

Course vetter NM Night: Stein Erik Scheie

Course vetter NC: Kjell Arne Håland

Course vetter/TD KOK 2-dagers: Leiv-Terje Arnevik

Event TD: Jan Arild Johnsen

Course setter NM-Night: Holger Hott

Course setter NC and KOK 2-dagers: Eirik Martens Svendsen

NOF event delegate: Jan Arild Johnsen



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