

Sp.kl. Freidig welcomes Norwegian and foreign orienteerers to Norsk O-festival («O-festivalen») in Oppdal 23-25 June 2017. Arena all three days is the shooting range located in Kåsen east of the town centre in Oppdal.

COMPETITION PROGRAMME:

Friday 23 June:	Sprint. First ordinary start at 18:00. N-Open from 17:00)
Saturday 24 June:	Long distance. First ordinary start at 11:00, N-Open from 10:00. Children's team competition starts at 14:00	m
Sunday 25 June:	Middle distance. First ordinary start at 10:00. N-Open from 09:00	
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It is Sport8-Norgescup all three days for senior and junior classes.

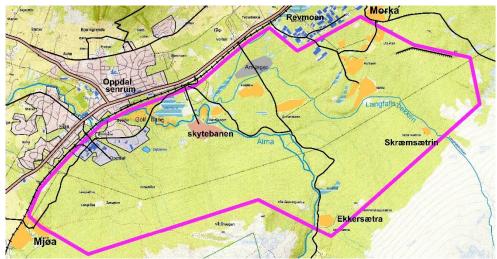
It is World Ranking Event (WRE) in the senior classes D/H 21E at Friday and Saturday.

TERRAIN AND MAP:

The arena is located 550 m above sea level. The competition terrain is between this altitude and 900 m above sea level. There is sparse pine forest in the lower parts of the terrain, while the birch is more pronounced higher up in the southeastern slopes. The terrain close to the arena is slightly hilly with many hiking paths and skiing tracks. The other parts of the running areas are hardly affected by human activities. Some regions exhibit a lot of different details, and there might be many boulders of various size. The runnability is in general good.

The map below shows the embargoed area. The arena is at «skytebanen». An area of 15 km² is mapped for the event. For all classes, different parts of the terrain are applied each day.

All classes have map scale 1:4 000 at Friday. The map scale at Saturday and Sunday is 1:7 500 for classes D/H 50 and older, while it is 1:10 000 for other classes and Direct classes.



START:

There are three different starts all days:

Start 1: Elite classes

Start 2: Long courses at A and B level

Start 3: Short courses at A and B level, C and N courses, and Direct classes

All three starts are located in the same direction from the arena at Friday and Sunday. At Saturday, Starts 1 and 2 are located in one direction, and Start 3 in the opposite one. The Challenge classes and the Team competition (both at Saturday) start at the arena.

The elite classes may have their first start earlier than 11:00 at Saturday if there are many entries.

The classes D/H 21K and D/H 45K (short courses) at Saturday and Sunday have free start time.

CLASSES (NORMAL ENTRIES):

The table gives the approximate lenghts of the courses in km. Exact lengths will be announced in the PM. Classes may be split if many entries. Separate events are defined for each distance (day) in Eventor (eventor.orientering.no), and there are also separate events for the Elite classes. Entries must be registered in Eventor in each event you want to attend.

Sprint Friday 23 June			Long distance Saturday 24 June				Middle distance Sunday 25 June				
Start 1		1,1 km from arena		Start 1		1,0 km from arena		Start 1		1,9 km from arena	
D17-18E	2,0	H17-18E	2,4	D17-18E	5,4	H17-18E	8,2	D17-18E	3,5	H17-18E	4,4
D19-20E	2,3	H19-20E	2,4	D19-20E	5,9	H19-20E	9,0	D19-20E	4,0	H19-20E	4,9
D21E	2,4	H21E	2,7	D21E	8,1	H21E	11,5	D21E	4,7	H21E	5,8
Start 2		1,0 km from arena		Start 2		2,0 km from arena		Start 2		1,9 km from arena	
D13	1,5	H13	1,5	D13	3,1	H13	3,1	D13	2,7	H13	2,7
D14	1,7	H14	1,7	D14	3,2	H14	3,2	D14	3,1	H14	3,1
D15	1,7	H15	1,8	D15	4,3	H15	5,0	D15	3,2	H15	3,3
D16	1,7	H16	1,8	D16	4,7	H16	5,2	D16	3,2	H16	3,6
D17-20	2,2	H17-20	2,1	D17-20	4,9	H17-20	5,3	D17-20	3,3	H17-20	3,9
D21	2,1	H21	2,3	D21	5,3	H21	7,9	D21	3,9	H21	5,1
D35	2,1	H35	2,3	D35	5,3	H35	7,9	D35	3,9	H35	5,1
D40	2,2	H40	2,3	D40	4,9	H40	6,7	D40	3,3	H40	3,9
D45	2,0	H45	2,3	D45	4,6	H45	5,8	D45	3,0	H45	3,7
		H50	2,1			H50	5,2			H50	3,4
		H55	2,1			H55	4,8			H55	3,3
						H21K	6,0			H21K	3,7
D15-16B	1,7	H15-16B	1,7	D15-16B	3,4	H15-16B	3,4	D15-16B	3,2	H15-16B	3,2
D17B	1,7	H17B	1,7	D17B	3,4	H17B	3,4	D17B	3,2	H17B	3,2

CLASSES (PRE-ENTRIES AND DIRECT ENTRIES):

The table gives the approximate lenghts of the courses in km. Exact lengths will be announced in the PM. Classes may be split if many entries. There is a separate website for each distance in Eventor. Blue colour indicates classes for Direct entries. Letter K indicates shortened courses.

Sprint Friday 23 June			Long distance Saturday 24 June				Middle distance Sunday 25 June				
Start 3 0,4 km from are		arena	Start 3		1,3 km from arena		Start 3		1,6 km from arena		
N-Open	1,3			N-Open	1,4			N-Open	2,2		
D -10	1,3	H -10	1,3	D -10	2,3	H -10	2,3	D -10	2,0	H -10	2,0
D11-12	1,5	H11-12	1,6	D11-12	2,4	H11-12	2,4	D11-12	2,6	H11-12	2,5
D11-12N	1,4	H11-12N	1,4	D11-12N	2,4	H11-12N	2,4	D11-12N	2,3	H11-12N	2,3
D13-16N	1,3	H13-16N	1,3	D13-16N	2,8	H13-16N	2,8	D13-16N	3,1	H13-16N	3,1
D17N	1,3	H17N	1,3	D17N	2,8	H17N	2,8	D17N	3,1	H17N	3,1
D13-16C	1,6	H13-16C	1,6	D13-16C	3,0	H13-16C	3,0	D13-16C	2,5	H13-16C	2,5
D17C	1,5	H17C	1,5	D17C	3,0	H17C	3,0	D17C	2,8	H17C	2,8
				D21K	4,0			D21K	2,8		
				D45K	4,0	Н45К	4,0	D45K	2,8	H45K	2,8
D50	1,9			D50	4,5			D50	3,0		
D55	1,8			D55	4,1			D55	2,8		
D60	1,6	H60	1,9	D60	3,8	H60	4,5	D60	2,4	H60	3,0
D65	1,5	H65	1,8	D65	2,9	H65	4,1	D65	2,2	H65	2,8
D70	1,5	H70	1,6	D70	2,9	H70	3,8	D70	2,2	H70	2,4
D75	1,4	H75	1,5	D75	2,2	H75	2,9	D75	2,1	H75	2,2
D80	1,4	H80	1,4	D80	2,2	H80	2,2	D80	2,1	H80	2,1
D85	1,4	H85	1,4	D85	2,2	H85	2,2	D85	2,1	H85	2,1
Direct A			2,2	Direct A			7,4	Direct A 3,6			3,6
				Direct AK			4,3	Direct AK 3,0			3,0
Direct B	Direct B 1,9		1,9	Direct B			2,9	Direct B 3,0			3,0
Direct C	Direct C 1,6		1,6	Direct C			3,0	Direct C 2,			2,8
Direct N 1,3			Direct N			2,4	Direct N 2,			2,2	
Start Arena At arena			Start Arena At arena		Start Arena		a	At arena			
				Challenge 10			9,0				
				Challenge 5			4,8				
				Team competition							

PUNCHING CARDS:

All classes apply Emit punching cards. The organizer has Emit cards for hire. Fee: NOK 30 per day.

Elite classes: emiTag is used for time keeping all days. The Elite classes use touch-free punching (and emiTag) at the Sprint event, while Emit cards are used for punching control at the Long and Middle events. Athletes possesing their own emiTag unit should use this one, and provide Emit as well as emiTag number at registration at Eventor. The organizer has emiTags for hire. The hiring fee for an emiTag is NOK 30 per day

CHALLENGE CLASSES:

The two Challenge courses are at level C, implying that the courses are based on paths and other distinct features to follow in the terrain. For both Challenge courses, there are classes for men and women. Entry at Eventor (eventor.orientering.no) or by e-mail to sekretariat2017@freidig.idrett.no (with payment at arena before the competition). Please provide class, name, Emit card number and club. The organizer has Emit cards for hire (NOK 30). There is a mass start for the Challenge classes from the arena at Saturday at 11:00.

ENTRY AND ENTRY FEES:

Eventor is applied for all pre-entries, including athletes from foreign clubs. If necessary, please create your club in Eventor. Separate entry sites are defined in Eventor for the Elite classes.

Normal entry:Due Monday 5 June at 23:59 (eventor.orientering.no)Separate entry each
of the three daysLate entry:Due Sunday 18 June at 23:59 (eventor.orientering.no)Separate entry each
of the three daysDirect entry:Due Thursday 22 June at 23:59 at Eventor. Thereafter at the arena. Free start time.

Classes	N-Open	D/H →16	D/H 16→	Elite	Direct Challenge
Normal entry (each day)	NOK 100	NOK 120	NOK 250	NOK 300	NOK 200
Late entry (each day)		NOK 180	NOK 375	NOK 450	

The only possibility for entry at Monday 19 June and later is in the Direct classes.

Please inform sekretariat2017@freidig.idrett.no about changes in Emit card number, etc. Entries for the Challenge classes may also be submitted to sekretariat2017@freidig.idrett.no.

The Norwegian clubs are invoiced after the competition for the entry fees of their members. **Foreign clubs must transfer their fees in due time before the competition to:**

O-festivalen 2017 Bank account number: 4202 18 16439 Address: SpareBank1 SMN, NO-7467 Trondheim IBAN NO5942021816439 , SWIFT/BIC SPTRNO22

PRIZES:

Prizes in each of the three competition days comprise:

- Classes 12 year and younger: Prize for all participants
- Classes 13-16 years: Prizes to top 1/3
- Elite classes: Prizes to top 1/8
- Other pre-entry classes 17 years and older; i.e.
 Masters, B, C, N, Short («Kort»): Prize for class winner
- Direct classes: Drawing-out prizes
- Challenge classes (Saturday): Prize for top 3 in Men's classes and top 3 in Women's classes
- Team competition: Prize for top 3 teams There are no overall prizes for all three days combined.



CHILDREN'S O-FESTIVAL:

A separate area of the arena is reserved for the Children's O-festival, where various and fun activities are offered for children up to approx. 12 years age.

- Friday 23 June at 17:00-20:30: «Småtroll» (very simple course for accompanied children)
- Saturday 24 June at 10:00-15:00: Various activities. Children's team competition at 14:00
- Sunday 25 June at 09:00-14:00: Various activities

The fee for the Children's O-festival is NOK 50 per child per day.

There is no pre-entry for the Children's O-festival.

CHILDREN'S TEAM COMPETITION:

Each team is supposed to consist of 3-5 children born 2005 – 2009. Pre-entry in Eventor with one common Emit card for the team. Note that the team competition is a separate event in Eventor. Entry is due Friday 23 June at 21:00. Fee per team is NOK 300. Start is Saturday at 14:00.

CHILDREN'S PARK:

The organizer offers a children's park (age above 2 years, and no nappies). NOK 50 per child per day.

ACCESS TO OPPDAL AND THE ARENA:

Oppdal (en.wikipedia.org/wiki/Oppdal) is small town situated at the E6 highway 400 km north of Oslo and 120 km south of Trondheim. At normal traffic conditions, the driving time from Oslo is approx. 5 hours. The closest airports are in Trondheim and Molde. Both are 150 km away. Oppdal is served by train from Oslo as well as Trondheim. The arena is about 2 km east of the town centre of Oppdal. Arriving at the E6 highway, it will be sign posted to the arena from the exit to Orkelsjøen, approx. 1 km northeast of downtown Oppdal. There is a large car park 300 m from the arena.

ARENA FACILITIES:

The organizer offers hot and cold dishes as well as coffee and beverages for sale. Sport8 with Noname and Inov8 has a large sales tent at the arena. More information will be provided in the PM.



ACCOMODATION:

Please see the homepage (www.o-festivalen.no) or Facebook (O-festivalen 2017).

ADVENTURES AND HOLIDAY ACTIVITIES IN OPPDAL:

Oppdal is located between the alpine mountain areas of Trollheimen, Sunndalsfjella and Dovrefjell. These regions are excellent for hiking, and several tourist lodges offer accomodation. Please see the web pages of Den Norske Turistforening (www.dnt.no) or Trondhjems Turistforening (www.tt.no) for more information. The summer season at the lodges starts at 23 June.

The picture below is from the scenic valley of Gjevilvassdalen, approx. 20 km west of Oppdal.

There are also offered organized activities such as whitewater rafting and musk-ox safari in the Oppdal region, as well as canoe hiring and bike/MTB hiring. Please see www.oppdal.com.



«TURORIENTERING» (PERMANENT ORIENTEERING CONTROLS):

As a spin-off of the O-festival, Sp.kl. Freidig introduces «turorientering» in Oppdal. The envelope containing maps of the permanent controls is for sale at the arena from 10:00 at Sunday 25 June. A selection of shops in Oppdal sells the «turorientering» envelope after the O-festival. These permenent controls are accessible from 25 June till mid-September.

HOLIDAY ORIENTEERING EVENTS AND OTHER ORIENTEERING ACTIVITIES:

It is feasible and recommended to combine participation at the O-festival with other Norwegian holiday orienteering events:

- «Sommerløpene i Nord-Østerdal»: Kvikne and Tynset from 30 June till 2 July. East of Oppdal. (sommerløpene.nooreg.no; eventor.orientering.no/Events/Show/7825)
- «Midnattsolgaloppen»: Tromsø from 28 June till 2 July. Northern Norway; midnight sun! (www.mg2017.no; eventor.orientering.no/Events/Show/6807)

The Norwegian Orienteering Association hosts a Camp Norway gathering in Østerdalen (east of Oppdal) from 26 til 29 June. This is a training camp for ambitious athletes born in 2002 or earlier.

ORGANIZERS:

Organizing committee (Sp.kl. Freidig):

- Arild Holm Clausen (head of organizing committee)
- Andreas Sylte (head of competitions)
- Johan Ivarsson (maps and courses)
- Bernt Rognes (marketing)
- Sigrid Melkild (accounting)
- Course planners (Sp.kl. Freidig):
- Sprint: Mattis Holt and Lars Owren
- Long distance: Johan Ivarsson
- Middle distance: Vegard Grønli

Controllers appointed by the Norwegian Orienteering Association :

- Sprint courses: Jan Arild Johnsen, Norwegian Orienteering Association
- Long distance courses: Svein Erik Bratsberg, Wing
- Middle distance courses: Frode Haugskott, Trollelg
- Event adviser: Jan Arild Johnsen, Norwegian Orienteering Association

Contact address: o-festivalen2017@freidig.idrett.no



