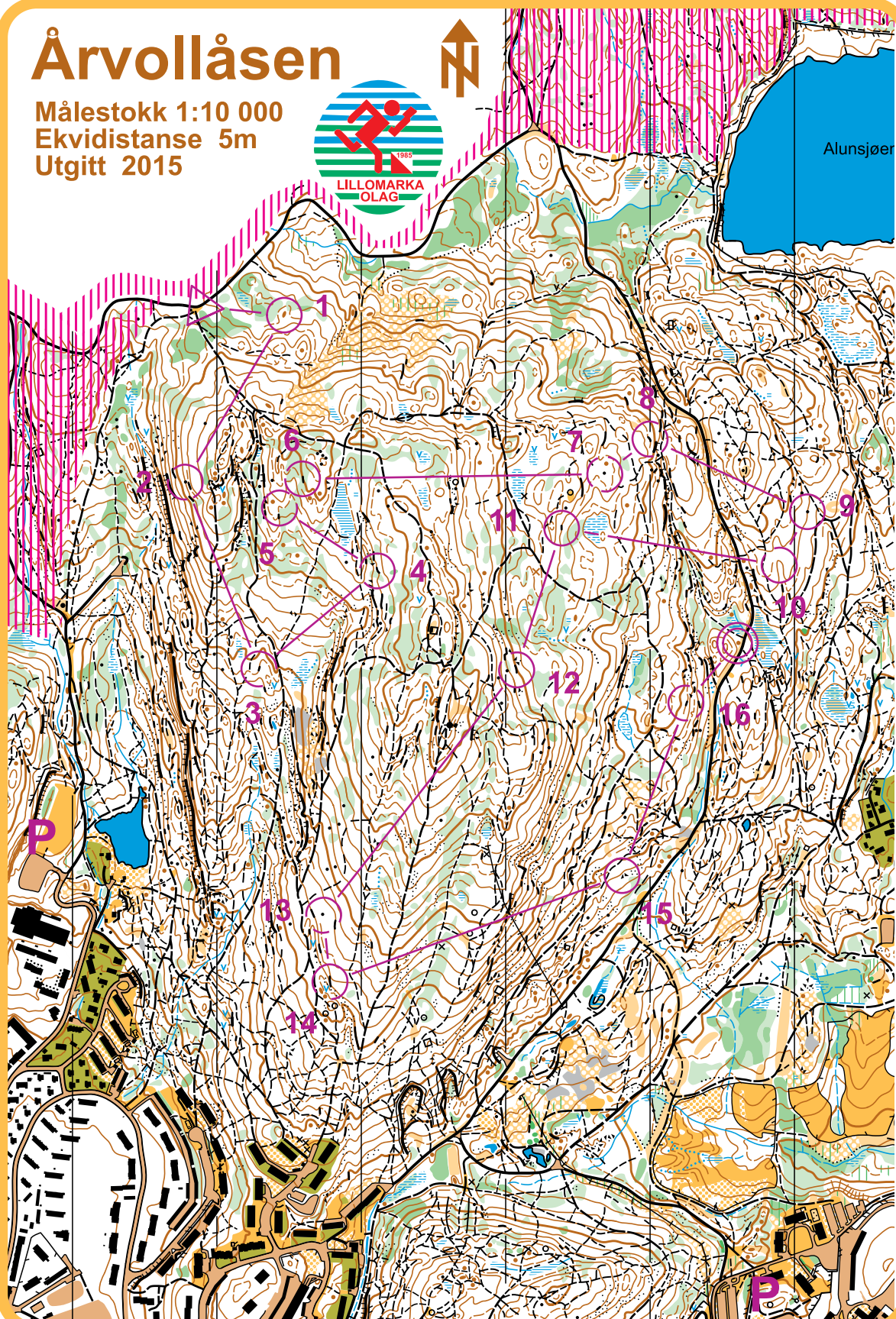


Årvollåsen

Målestokk 1:10 000

Ekvidistanse 5m

Utgitt 2015



Lillomarka
12-13
august
2016

NightHawk training 1			
	1	4,7 km	
▶		⊙	⊙
1		•	
2		▲	
3		≡	
4		≡	
5		∩	
6		≡	
7		▲	
8		≡	
9		▲	
10		∩	
11		≡	
12		≡	
13		▲	
14		≡	
15		⊙	⊙
16		≡	
⊙		140 m	⊙

NightHawk free training #1

Controls marked with
plastic tapes

Parking at Linderud
utfartsparkering
Krigsskolen
(59.948258 N,
10.841699 E)
or
Isdammen Årvoll
(59.955605 N,
10.820887 E)